

Change The World

拍數: 64 牆數: 4 級數: Improver
編舞者: Lenore Flintoft - September 2010
音樂: Today I'm Gonna Try and Change the World - Johnny Reid



I deliberately kept the choreography simple so the dancers could focus on the message rather than the steps. The count is 1-2-3-hold throughout the dance.

FORWARD OPEN VINES, FORWARD BOX

1-4 Step forward Left, Right, Left, Hold
5-8 Step forward Right, Left, Right, Hold
9-12 Step Left to the side, step Right beside Left, step forward Left, Hold
13-16 Step Right to side, step Left beside Right, step Right back, Hold

BACK OPEN VINES, BACK BOX

17-20 Step back Left, Right, Left, Hold
21-24 Step back Right, Left, Right, Hold
25-28 Step Left to side, step Right beside Left, step Left back, Hold
29-32 Step Right to side, step Left beside Right, step forward Right, Hold

CROSS ROCKS, BASICS

33-36 Cross rock Left over Right, recover on Right, step Left Home, Hold
37-40 Cross rock Right over Left, recover on Left, step Right Home, Hold
41-44 Step Left to side, touch Right beside Left, step Left to side, touch R beside Left
45-48 Step Right to side, touch Left beside Right, step Right to side, touch Left beside Right

JAZZ BOX ¼ TURN, JAZZ BOX IN PLACE

49-52 Cross Left over Right, recover on Right, step Left to side making ¼ turn Left, Hold
53-56 Cross Right over Left, recover on Left, step Right beside Left, Hold

SCISSORS

57-60 Step Left to side, step Right beside Left, Cross Left over Right, Hold
61-64 Step Right to side, step Left beside Right, cross Right over Left, Hold

* To end the dance facing the music, make ¼ turn Left at the end of the back Right open vine, complete back box facing music.