

Sneakers Night

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4
編舞者: Maria Maag (DK) - August 2010
音樂: Sneakernight - Vanessa Hudgens

級數: Intermediate WCS



Intro: Vanessa sings "We going dancing all night long " Start right after, at the first heavy beat.

(1-8) Step together flick, cross ¼ turn R, ½ turn R ½ turn R together, step pop step pop

- 1-2 Step R to side(1), close L beside R and flick R(2)(12:00)
3-4 Cross R over L(3), turn ¼ R and step back on L(4)(03:00)
5&6 Make a ½ turn R and step fw. R(5), step fw. L(&), make a ½ turn R and step R next to L (body point diagonally R towards 04:30)(6) (03:00)
7&8& Step fw. L(Knees out)(7), step R next to L (knees in)(&), step fw. L (knees out)(8), hitch R (squaring up 6 o'clock)(&) (06:00)

(9-16) Cross ½ unwind L, rock recover point, together step ¼ R, out out in in

- 1-2 Cross R over L(1), make a ½ unwind L(2)(12:00)
3&4 Rock back L(3), recover R(&), turn ¼ L and touch L fw.(4)(09:00)
5-6 Step L next to R(5), turn ¼ R and step fw. R(6)(12:00)
7&8& Step out L(7), step out R(&), step L back to center(8), step R back to center(6)(12:00)

(17-24) Step fw. hitch ¼ turn L, touch R to side sit in hip, ¼ turn L step step lock step step cross

- 1-2 Step fw. L(1), turn ¼ L and hitch R knee in front of L(2)(09:00)
3&4 Touch R to side and make a hip bump R(3), hip bump L(&),step down R and sit in your R hip(4)(09:00)
5-6 Turn ¼ L and step fw. L(5), step diagonally fw. R(6)(06:00)
7&8& lock L behind R(7), step diagonally fw.R(&), step L to side(8), cross R behind L(&)(06:00)

(25-32) Lunge fw. Diagonally L, pop shoulders, sailor ¼ turn L, step and pop chest

- 1-2 Lunge diagonally fw. L(1), pop L shoulder(2)(06:00)
3&4 Pop R shoulder(3), pop L shoulder(&), recover R and kick L fw.(4)(06:00)
5&6 Make a ¼ turn L and cross L behind R(5), step R to side(&), big step L to side(6)(03:00)
7&8 Step R next to L(7), pop chest fw(&), and back(8)(03:00)

Ending : Wall 9 Step R to side and turn 1/4 L

Good luck and enjoy...:-)

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