

Share the Moment – LIGHT!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Maria Maag (DK) & Jannie Tofte Stoian (DK) - September 2010
音樂: Glow - Madcon



Phrasing: A, A, B, A, A, B, A, A, TAG, A, B, B, B, B,

Intro: 32 count intro – start on lyrics (app. 19 sec. into track)

Note: This is a floor split to our high intermediate dance Share the Moment.

A SECTION

(1-8) Diagonally step touch x2, Vine R, Touch

1-2 Step R diagonally fw, touch L next to R 12:00
3-4 Step L diagonally back, touch R next to L 12:00
5-6 Step R to R side, cross L behind R 12:00
7-8 Step R to R side, touch L next to R 12:00

(9-16) Diagonally step touch x2, Vine L, Touch

1-2 Step L diagonally fw, touch R next to L 12:00
3-4 Step R diagonally back, touch L next to R 12:00
5-6 Step L to L side, cross R behind L 12:00
7-8 Step L to L side, touch R next to L 12:00

(17-24) Out out, In in, Step ¼ L, Step ¼ L

1-2 Step diagonally out R, step diagonally out L 12:00
3-4 Step R back to centre, step L back to centre 12:00
5-6 Step R fw, turn ¼ L stepping down on L 09:00
7-8 Step R fw, turn ¼ L stepping down on L 06:00

(25-32) Cross point x2, Step ½ turn L x2

1-2 Cross R over L, point L to L side 06:00
3-4 Cross L over R, point R to R side 06:00
5-6 Step R fw, turn ½ L stepping down on L 12:00
7-8 Step R fw, turn ½ L stepping down on L 06:00

B SECTION

(1-8) Knee pops with arms x2, Step touch, Step touch

1-2 Step R next to L and pop both knees L twice.
Arms: Lift R arm in a 90 degree angle – throw it fw twice 12:00

3-4 Pop both knees R twice.

Arms: Lift L arm in a 90 degree angle – throw it fw twice 12:00

5-6 Step R to R side, slide L next to R with a touch. 12:00

7-8 Step L to L side, slide R next to L with a touch. 12:00

(9-16) Bow & Arrow x2, Toe struts L & R with snaps

1-2 Step R to R side leaning slightly back(1) – keep weight on R the whole time

Arms: “string the bow” - L arm straight towards L diagonal, R arm bended toward L diagonal (1), “shoot the arrow” – switch the arms so that R arm is straight toward L diagonal and L is bended (2) 12:00

3-4 Repeat arms 1-2 12:00

5-6 Step down on L toe, slightly L (5), step down on all of L foot (6)

Arms: snap both fingers twice at L hip 12:00

7-8 Step down on R toe, slightly R (7), step down on all of R (8) 12:00

Arms: snap both fingers twice at R hip

(17-24) Bow & Arrow x2, Toe struts R & L with snaps

1-2 Step L to L side leaning slightly back (1) – keep weight on L the whole time

Arms: “string the bow” - R arm straight towards R diagonal, L arm bended toward R diagonal (1), “shoot the arrow” – switch the arms so that L arm is straight toward R diagonal and R is bended (2) 12:00

3-4 Repeat arms 1-2 12:00

5-6 Step down on R toe, slightly R (5), step down on all of R foot (6)

Arms: snap both fingers twice at R hip 12:00

7-8 Step down on L toe, slightly L (7), step down on all of L (8)

Arms: snap both fingers twice at L hip 12:00

(25-32) Step slide R & L with arms – GLOOOOOOW!

1-4 Step R big step to R side, slide L next to R over 2-3, touch L next to R

Arms: Bring both arms from L hip, wave over head ending at R hip 12:00

5-8 Step L big step to L side, slide R next to L over 2-3, touch R next to L

Arms: Bring both arms from R hip, wave over head ending at L hip 12:00

TAG (starts facing 12 o'clock)

(1-8) ½ turn L over 4 walks

1-4 Step R fw, hold, turn ¼ L stepping L fw, hold 09:00

5-8 Step R fw, hold, turn ¼ L stepping L fw, hold 06:00

Good luck & enjoy!

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