

Your Sugar's Gone

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Beginner
編舞者: Gerald Biggs (USA) - September 2010
音樂: Sugar - Jonalee White : (CD: Sugar)



Start on Lyrics

STEP DIAGONALLY FORWARD, STEP TOGETHER, STEP, SCUFF, STEP TOGETHER, STEP, TOUCH

- 1-2 Step RT diagonally forward, Step LT next to RT
- 3-4 Step RT diagonally forward, Scuff LT forward
- 5-6 Step LT diagonally forward, Step RT next to LT
- 7-8 Step LT diagonally forward, Touch RT toe next to LT

VINE RT, VINE LT TURNING ¼ TURN LT, SCUFF

- 1-2 Step RT to side, Step LT behind RT
- 3-4 Step RT to side, Touch LT next to RT
- 5-6 Step LT to side, Step RT behind LT
- 7-8 Turn ¼ turn LT while stepping LT forward, Scuff RT forward (9:00)

ROCKING CHAIR, STEP RT FORWARD, TOUCH LT TOE BEHIND RT HEEL, STEP LT BACK, HITCH RT FOOT UP ACROSS LT SHIN

- 1-2 Rock forward onto RT, Recover onto LT
- 3-4 Rock back onto RT, Recover forward onto LT
- 5-6 Step RT forward, Touch LT toe behind RT heel
- 7-8 Step LT back, Hitch RT foot up across LT shin

SIDE STEP, TOUCH, TOE HEEL THRUST WHILE MOVING BACKWARDS

- 1-2 Step RT to side, Touch LT toe next to RT
- 3-4 Step LT to side, Touch RT toe next to LT
- 5-6 Step back on ball of RT foot, Thrust RT heel down
- 7-8 Step back on ball of LT foot, Thrust LT heel down

¼ TURN JAZZ BOX x2,

- 1-2 Step RT over LT, Step back LT
- 3-4 Step RT ¼ turn RT, Step LT next to RT (12:00)
- 5-6 Step RT over LT, Step back LT
- 7-8 Step RT ¼ turn RT, Step LT next to RT (3:00)

CROSS TOE HEEL WHILE MOVING TO YOUR LT, SIDE TOGETHER

- 1-2 Step ball of RT foot over LT, Drop RT heel down
- 3-4 Step ball of LT foot to side, Drop LT heel down
- 5-6 Step ball of RT foot over LT, Drop RT heel down
- 7-8 Step LT to side, Step RT next to LT

CROSS TOE HEEL WHILE MOVING TO YOUR RT, JAZZ BOX

- 1-2 Step ball of LT foot over RT, Drop LT heel down
- 3-4 Step ball of RT to side, Drop RT heel down
- 5-6 Step LT over RT, Step back RT
- 7-8 Step LT slightly to side, Touch RT toe next to LT

Start again

