

# Fall Apart

拍數: 48      牆數: 2      級數: High Intermediate  
編舞者: Dee Musk (UK) - September 2010  
音樂: Fall Apart - Sarah Connor



16 Count Intro. Approx 9 seconds. Track approx 3 mins 07 secs BPM104

## STEP ½ TURN L, ¼ TURN L ROCK & CROSS, ¼ TURN R, ½ TURN R, SAILOR ¼ TURN R.

- 1,2            Step forward on R, make a ½ turn L keeping weight back on R.  
3&4           Making a ¼ turn L rock L out to L side, recover weight to R, cross step L over R.  
5,6            Make a ¼ turn R stepping forward on R, make a ½ turn R stepping back on L.  
7&8            Making a ¼ sailor turn R cross step R behind L, step L in place, step forward on R. (3 o'clock).

## ¾ TURN L, ROCK RECOVER, BACK, BACK, HOLD, BACK, ROCK RECOVER.

- 1,2            Recover weight onto L making a ½ turn L, make a further ¼ turn L stepping forward on R.  
3,4            Rock forward on L, recover weight to R.  
&5,6           Step back L, step back R, hold count 6.  
&7,8           Step back L, rock back on R, recover weight to L. (6 o'clock).

## BACK TOGETHER ¼ TURN R WITH CROSS, ¼ TURN R, ½ TURN R, MAMBO FORWARD, BACK ½ TURN L STEP.

- 1&2            Step slightly back on R, close L beside R, making a ¼ turn R cross step R over L.  
3,4            Make a ¼ turn R stepping back on L, make a ½ turn R stepping forward on R.  
5&6            Rock forward on L, recover weight to R, step back on L.  
7&8            Step back on R, make a ½ turn L stepping forward on L, step forward on R. (12 o'clock).

## MAMBO FORWARD, FULL TURN BACK, ¼ TURN R, HOLD, TOGETHER POINT TOUCH.

- 1&2            Rock forward on L, recover weight to R, step back on L.  
3,4            Travelling backwards, make a ½ turn R stepping forward on R, make a ½ turn R stepping back on L.  
5,6            Make a ¼ turn R stepping R to R side, hold count 6.  
&7,8            Close L beside R, point R to R side, drag in and touch R beside L. (3 o'clock).

## OUT, OUT, CHASSE R, OUT, OUT CHASSE ¼ TURN L.

- 1,2            Step out R to R side, step out L to L side.  
3&4            Step R to R side, close L beside R, step R to R side.  
5,6            Step out L to L side, Step out R to R side.  
7&8            Step L to L side, close R beside L, make a ¼ turn L stepping L forward. (12 o'clock).

\* Restart from here during wall 2 - begin again facing 6 o'clock wall.

## STEP FULL TURN L, ½ TURNING LOCK STEP L, WALK R, WALK L, BACK CROSS, BACK TOGETHER.

- 1,2            Step forward on R, make a full turn L ending with L hooked in front of R.  
3&4            Making a ¼ turn L step forward on L, cross lock R behind L, make another ¼ turn L stepping forward on L.  
5,6            Walk R, walk L.  
7&8&           Step back on R, cross step L over R, step back on R, close L beside R. (6 o'clock).

\* Restart during Wall 2 – dance up to count 40 then begin again facing 6 o'clock wall.

Have Fun and enjoy!! Dee xx

