

Slipslidin'

拍數: 96 牆數: 1 級數: Advanced
編舞者: Barry Durand (USA) - February 2010
音樂: Whatever U Want - Christina Milian



Walk 2x, Sugar Push, Heel Bounce 2x, Syncopated Jazz Box

- 1 RF Step forward
- 2 LF Step forward
- & RF 1/8 Turn R, cross behind (face 1.30)
- 3 LF Cross over
- 4 RF 1/8 Turn L, step backwards (face 12.00)
- 5 LF Step together, bounce both heels
- 6 BF Bounce heels
- 7 RF Cross over
- & LF Step backwards
- 8 RF Step right

Cross, Turn 2x R, Rock Step Cross

- 9 LF Cross over
- 10 Hold
- 11 LF Full turn R
- 12 RF Ariel ronde
- 13 RF Cross behind, full turn R
- 14 Hold
- 15 LF Step left
- & RF Recover
- 16 LF Cross over

Side Cross, Side Flick, Slow Walk, Mambo Step, Walk 2x

- & RF Step right
- 17 LF Cross over
- & RF Step right
- 18 LF 1/4 Turn L, Step together, RF flick Backwards (face 9.00)
- 19 RF Lift forward
- 20 RF Step forward
- 21 LF Step forward
- & RF Recover
- 22 LF Step together
- 23 RF Step forward
- 24 LF Step forward

Touch, Cross, Sweep 1/2 Turn R, Cross, Full Turn R, Step 2x

- & RF 1/8 turn L, step right (face 7.30)
- 25 LF Touch forward
- & LF 1/8 Turn R, step together (face 9.00)
- 26 RF Cross over
- 27 LF Sweep to left, 1/2 turn R (face 3.00)
- 28 LF Cross over
- 29 RF Full turn R, weight change
- 30 Hold
- 31 LF Step left

32 RF ¼ Turn L, step right (face 12.00)

Cross Side 3x, Apple Jack 4x

33 LF Cross over
& RF Step right
34 LF Cross over
& RF Step right
35 LF Cross over
& RF Step right
36 LF Touch together
37 RF Swivel heel left, LF touch toe out
& RF Swivel toe left, LF touch together
38 RF Swivel heel left, LF touch toe out
& RF Swivel toe left. LF touch together
39 RF Swivel heel left, LF touch toe out
& RF Swivel toe left. LF touch together
40 RF Swivel heel left, LF touch left

Backwards Sailor step 4x

41 LF Cross behind
& RF Step right
42 LF Step diagonally backwards
43 RF Cross behind
& LF Step left
44 RF Step diagonally backwards
45 LF Cross behind
& RF Step right
46 LF Step diagonally backwards
47 RF Cross behind
& LF Step left
48 RF Step diagonally backwards

Cross, Side, Touch, Step, Heel Bounce, 2x

49 LF Cross over
& RF Step right
50 LF 1/8 Turn L, touch forward
& LF 1/8 Turn R, step left
51 RF Cross over
52 BF Heel bounce
53 LF Cross over
& RF Step right
54 LF 1/8 Turn L, touch forward
& LF 1/8 Turn R, step left
55 RF Cross over
56 BF Heel bounce

Slip Slide 4x

57 LF Cross over
& RF Step right, slide BF right
58 LF Weight change, RF small flick
59 RF Cross over
& LF Step left, slide BF left
60 RF Weight change, LF small flick
61 LF Cross over

& RF Step right, slide BF right
62 LF Weight change, RF small flick
63 RF Cross over
& LF Step left, slide BF left
64 RF Weight change

Sailor Step, 7/8 Turn R, Sweep, 3/8 Turn R, Rock Step 2x

65 LF Cross behind
& RF Step right
66 LF 1/8 Turn L, step forward (face 10.30)
67 RF 7/8 Turn R, step forward (face 9.00)
68 LF Sweep left, 3/8 turn R (face 1.30)
69 LF Step forward
& RF Recover
70 LF Step backwards
& RF Recover
71 LF 1/8 TurnR, Step forward (face 3.00)
72 Hold

Walk 2x, Kick Ball Step 2x, 1/2 Turn L

73 RF Step forward
74 LF Step forward
75 RF Kick forward
& RF Step together on ball
76 LF Step forward
77 RF Kick forward
& RF Step together on ball
78 LF Step forward
79 RF 1/2 Turn L, touch together (face 9.00)
80 Hold

Sugar Push, Ariel Sweep, Pose

81 RF Step forward
82 LF Step forward
& RF 1/8 Turn R, cross behind (face 10.30)
83 LF Cross over
84 RF 1/8 Turn L, step backwards (face 9.00)
85 LF Ariel sweep backwards, 1/2 Turn L (face 3.00)
86 LF Step forward
87 RF 1/4 Turn L, step right, lean right, bend R arm right with palm down (face 12.00)
88 Hold

Arm Snake, Body Roll, Full Turns R

89 Snake with R arm
90 LF Step left
& RF Step together
91 LF Point left
92 LF Body roll, step left
& RF Step together
93 LF Step left
94 RF Cross behind
95 Full Turn R (face 12.00)
96 Full Turn R, weight ending on LF (face 12.00)

Diamond and higher can make 1 full turn R on counts 95&96.
