

I Miss It (Missing You)

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robert Dangerfield (UK) - July 2010
音樂: Missing You (Cahill Radio Edit) - The Saturdays



32 count intro – start on main beat

Section 1: Side chasse, cross rock, recover, half turn, behind side across

1&2 Step right to right, step left next to right, step right to right
3-4 Cross rock left over right, recover right
5-6 Step left to left making a quarter turn left, step right to right making a quarter turn left (6.00)
7&8 Step left behind right step right to right, step left across right

Section 2: Side rock, recover, cross shuffle, side rock quarter turn, sailor half turn

1-2 Rock right to right, recover left
3&4 Step right across left, step left to left, step right across left
5-6 Rock left to left, recover right making a quarter turn left (3.00)
7&8 Step left to left making a half turn left, step out right, step out left (9.00)

Section 3: Skate x2, forward shuffle, forward rock, recover, left back strut

1-2 Skate right forward, skate left forward
3&4 Step right forward, step left next to right, step right forward
5-6 Rock forward on left, recover back onto right
7-8 Touch left behind, step left heel down (weight on left)

Restart here on wall 3 facing 3.00

Section 4: half turn x3, forward shuffle, forward mambo, back mambo

1-2 Step right to right making a half turn right, step left to left making a half turn right (9.00)
3&4 Step right to right making a half turn right, step left next to right, step right forward (3.00)
5&6 Rock forward left, recover onto right, step left next to right
7&8 Rock back right, recover onto left, step right next to left

Section 5: Cross step, side rock, recover, heel grind, step, heel grind, side rock, sailor in place

1-2& Cross step left over right, rock right out to right and recover back onto left
3&4 Heel grind right over left, step left behind right, heel grind right over left
5-6 Rock left to left, recover onto right
7&8 Step left behind right, step right out to right, step left out to left

Section 6: Point behind half turn, kick ball change forward x2, step lock, step lock

1-2 Point right behind left making a half turn right (weight still on left) (9.00)
3&4 Kick right forward, step right down, step left in place
5&6 Kick right forward, step right down, step left in place
7&8&& Step right forward, step left behind right, step right forward, step left behind right

Section 7: Rock forward, recover, back sweep x2, coaster step, step half turn

1-2 Rock forward onto right, recover left
3&4& Sweep right back and step behind left, sweep left back and step behind right
5&6 Step right back step, step left next to right, step right forward
7-8 Step left in front and make a half turn right, (weight on the right) (3.00)

Section 8: Hip bump forward, hip bump forward, heel dig and step x3, touch

1&2 Step left forward, bumping hips left and back to centre
3&4 Step right forward, bumping hips right and back to centre

5&6& Dig left heel forward, step together, dig right heel forward, step together
7&8 Dig left heel forward, step together, touch right next to left

Start Again!

There is a restart on wall 3, facing 3.00, at the end of section 3.

Enjoy!

Any queries, please feel free to contact me – dangermouse_1993@hotmail.com
