# Mohombi's Ride



拍數: 48 編數: 4 級數: Phrased Intermediate

編舞者: Vera Kuiper (NL) - August 2010

音樂: Bumpy Ride - Mohombi



Info: Sequence AA – BB – AA – BB – AAA – BB – AAAA Dance starts after 16 counts

#### Part A

#### Arm movements

1	Fist, Sway RA in front off body, Fist, Sway LA under RA in front off body
&	Put fists together vertical in front off body
2	Put fists wide and elbows together
3 - 4	Make a snake movement with the RA to the left, Make a snake movement with the LA to the right
5	Swing both arms to the right, Bump hips to the right
&	Swing both arms back in front off body hips back
6	Swing both arms to the right, Bump hips to the right
&	Swing both arms back in front off body hips back
7	Swing both arms to the right, Bump hips to the right
&	Swing both arms back in front off body hips back
8	Swing both arms to the right, Bump hips to the right
&	Swing both arms back in front off body hips back

#### Arm movements

1 -2	Circle RA + LA along the body
3 -4	Kick RA diagonal to the left, Kick LA diagonal to the right
5	Swing both arms to the left, Bump hips to the left
&	Swing both arms back in front off body hips back
6	Swing both arms to the left, Bump hips to the left
&	Swing both arms back in front off body hips back
7	Swing both arms to the left, Bump hips to the left
&	Swing both arms back in front off body hips back
8	Swing both arms to the left, Bump hips to the left
&	Swing both arms back in front off body hips back

# Part B

1 -2

#### Side rock L, Behind side cross, Side rock R, Sailor ½ right.

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3 &4	LF cross behind RV, RV step a side, LF cross over RF
5 -6	RF rock to the side, Rock back on LF
7&8	Step R behind L, Make ½ turn right steppin L beside R, Step RF in front

# Rock sten. Shuffle turn 1/2 Shuffle turn 1/2 Left. Coaster sten.

LF rock to the side, Rock back on Rf

Nock step, Shuffle tufff /2, Shuffle tufff /2 Left, Coaster step		
1 -2	Rock Lf to the front, rock back on RF	
3 & 4	Shuffle ½ turn left - L-R-L	
5 & 6	Shuffle ½ turn left – R-L-R	
7 & 8	Step LF back, Step RF next to LF, Step LF in	

### Out, out, Chasse R With arm movements, Out, Out Chasse 1/4 Left with arm movements

front

1-2	Step RF out, Step LF out
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3 & 4 Step RF a side, Close Lf to the Rf, Step RF a side

## ( Arms swing from right to left)

5 -6 Step LF out, Step Rf out

7 & 8 Step LF a side, Close RF to the LF, Step LF ¼ turn left.

# Cross and point, Hip and hip, Cross and point, Hip and hip

1 & 2 RF cross over LF, LF step back, Point RF diagonal in front

3-4 Bump R hip up, Bump R hip up

& Close RF next to LF

5 & 6 LF cross over RF, RF step back, Point LF diagonal in front

7 -8 Bump L hip up, Bump LF hip up.

Just enjoy en dance with a lot of fun.