

Cool Cat

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - August 2010
音樂: A Cool Cat In Town (feat. Brenda Boykin) - Tape Five : (CD: Tonight Josephine)



Intro : Start after 3 Sec.

(1 – 8) Toe Strut R,L, Side-Rock-Cross , Rocking Chair , Kick Ball Cross

1&2& Step R to R side, Step R down, Step L across R, Step L down
3 & 4 Rock R to R side, Recover on L, Step R across L
5&6& Rock L fwd, Recover on R, Rock L back, Recover on R (facing L Diag.)
7 & 8 Kick L fwd, Step L down, Step R across L

(9-16) Toe Struts L,R, Side-Rock-Cross , Rocking Chair , Kick Ball Cross

1&2& Step L to L side, Step L down, Step R across L, Step R down
3 & 4 Rock L to L side, Recover on R, Step L across R
5&6& Rock R fwd, Recover on L, Rock R back, Recover on L (facing R Diag.)
7 & 8 Kick R fwd, Step R down, Step L across R

(17-24) Charleston , Syncopated Lock steps, Scuff

1 – 2 Touch R fwd, Step R back (facing 12 O'clock wall)
3 – 4 Touch L back, Step L fwd
5&6 Step R Diag R fwd, Lock L behind R, Step R fwd
&7&8 Step L Diag. L fwd, Lock R behind L, Step L fwd , Scuff R

(25-32) ¼ L with Hip Bumps, Sailor ¼ L, Vaudeville L, Vaudeville ¼ L

1 & 2 Hitch R ¼ Turn L step R to R side with Hip bumps R,L,R (9.00)
3 & 4 Step L behind R, ¼ Turn L step R to R side, Step L to L side (6.00)
5&6& Step R across L, Step L small step back, Touch R Heel fwd, Step R next to L
7&8& Step L across R, Step R small Step Back, ¼ Turn L Touch L Heel fwd, Step L down (3.00)

(33-40) Toe Strut R,L, Low Kicks x2, Step Back, Touch, Side, Touch, Side, Touch, Side Shuffle ¼ L

1&2& Step R to R side, Step R down, Step L to L side, Step L down
3& Kick R fwd x2
4& Step R back, Touch L next to R
5& Step L to L side, Touch R next to L
6& Step R to R side, Touch R next to L
7&8 Step L to L side , Step R next to L, ¼ Turn L step L fwd (12.00)

(41-48) Toe Touches fwd , Vine ¼ Turn R

1&2& Touch R fwd, Step R down, Touch L fwd., Step L down
3 & 4 Touch R fwd, Step R down, Touch L fwd.
5&6& Sweep L behind R, Step R to R side, Step L across R, Step R to R side (making a ¼ Turn R)
7 & 8 Step L behind R ,Step R to R side , Step L across R (3.00)

(49-56) Side Shuffle , Sailor ¼ L, Step fwd, Heel Bounces ½ Turn L, Behind-Side-Cross

1 & 2 Step R to R side, Step L next to R , Step R to R Side
3 & 4 Sweep L behind R, ¼ Turn L step R to R side, Step L to L side (12.00)
5 & 6 Step R fwd and bounce Heels ½ Turn L (Weight ends on R) (6.00)
7 & 8 Step L Behind R, Step R to R Side , Step L across R

(57-64) Side-Rock-Cross, Side-Rock-Cross ¼ R, R Mambo, L Mambo

- 1 & 2 Step R to R side, Recover on L , Step R across L
- 3 & 4 Rock L to L side, Recover on R with $\frac{1}{4}$ R, Step L fwd (9.00)
- 5 & 6 Rock R fwd, Recover on L, Step R back
- 7 & 8 Rock L back, Recover on R, Step L fwd

Ending:

Last wall ends on the Back wall. Step R across L and make $\frac{1}{2}$ Turn L to Finish to the front wall.

Web site: www.franciensittrop.nl
