

# A Man is Not a Woman

COPPER KNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Beginner Cha Cha  
編舞者: Francien Sittrop (NL) - August 2010  
音樂: A Man Is Not a Woman - Lou Bega



**Intro : Start after 32 Counts from the beginning**

**(1 – 9) Cross, Rock, Recover, Behind , ¼ L, Step fwd, Sailor ¼ L**

1                    Step L across R  
2 – 3                Rock R to R side, Recover on L  
4 & 5                Step R behind L, ¼ Turn L step L Fwd, Step R fwd (9.00)  
6 – 7                Rock L fwd, Recover on R  
8 & 1                Sailor Step ¼ Turn L (6.00)

**(10-16) Vaudeville , Step fwd , Mambo fwd, Coaster step**

2&3&                Step R across L, Step L small step back, R heel fwd, Step R next to L  
4                    Step L fwd  
5 & 6                Rock R fwd, Recover on L, Step R back  
7 & 8                Step L back, Step R next to L, Step L fwd

**(17-24) Rock , Recover, Triple Full Turn R, Rock Recover, Triple ¾ Turn L**

1 – 2                Rock R fwd, Recover on L  
3 & 4                Triple Full Turn R with R,L,R  
5 – 6                Rock L fwd, Recover on R  
7 & 8                Triple ¾ Turn L with L,R,L (9.00)

**(25-32) Out, Out, Hold, Ball Cross, Hitch, Hip Sways, Side, Drag**

&1-2                Step R out, Step L out, Hold  
&3-4                Step R next to L, Step L across R, Hitch R  
5 – 6                Step R out and sway hips R, Sway Hips L  
7 – 8                Step R to R side, Drag L

**Ending:**

**Last wall ends at the back wall . Dance to count 30 then the last 2 Counts:**

7 – 8                Cross R over L and make a ½ Turn L

**Web Site: [www.franciensittrop.nl](http://www.franciensittrop.nl)**