

Sweet Like Cola

拍數: 32 牆數: 4 級數: Beginner
編舞者: Francien Sittrop (NL) - August 2010
音樂: Sweet Like Cola - Lou Bega



Intro : Start after 16 counts (14 sec.)

(1 – 8) Chasse R, Rock , Recover, Toe Struts x2

1 & 2 Step R to R side, Step L next to R, Step R to R side
3 – 4 Rock L back ,Recover on R
5 – 6 Step L toe fwd, Step L down
7 – 8 Step R toe across L , Step R down

(9-16) Chasse L, Rock Recover, ½ Turn L, Cross Shuffle

1 & 2 Step L to L side, Step R next to L, Step L to L side
3 – 4 Rock R back, Recover on L
5 – 6 ¼ L step R back, ¼ L step L to L side (6.00)
7 & 8 Step R across L, Step L to L side, Step R across L

(17-24) Scuff L, Touch Ball Cross, Side, Sailor ¼ Turn R, Step fwd, Pivot ½ R

1 Scuff L Diag left fwd
2 & 3 Touch L next to R, Step L next to R, Step R across L
4 Step L to L side
5 & 6 Sailor Step ¼ Turn R (9.00)
7 – 8 Step L fwd, Pivot ½ Turn R (3.00)

(25-32) Shuffle ½ Turn R, Rock , Recover , Full Turn L, Hip Sway

1 & 2 Shuffle ½ Turn R (9.00)
3 – 4 Rock R back, Recover on L
5 – 6 ½ Turn L step R back, ½ Turn L step L fwd (9.00)
7 – 8 Hip Sway R, L

Tag: after wall 9 & 10

(1 – 8) Chasse R, Rock, Recover, Chasse L. Rock , Recover

1 & 2 Step R to R side, Step L next to R, Step R to R side
3 – 4 Rock L back ,Recover on R
5 & 6 Step L to L side, Step R next to L, Step L to L side
7 – 8 Rock R back, Recover on L

Web site: www.franciensittrop.nl