

Start Without You

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Judy Rodgers (USA) - August 2010
音樂: Start Without You - Alexandra Burke : (CD Single)



Alt. Track: Stay by L.U.S.T. 32 count intro

Intro: (16 count on words Eh, hey)

BACK, BACK, COASTER STEP, BALL STEP, TURN ½, STEP LOCK STEP

1-2 Step back right, step back left
3&4 Step right back, step left together, step right forward
&5-6 Step ball of left forward, step right forward, turn ½ left stepping left forward (6:00)
7&8 Step right back, step left across right, step right back

STEP, TURN ½, STEP PIVOT CROSS, TURN ¼, TURN ¼, COASTER STEP

1-2 Step back on left, turn ½ right stepping forward on right (12:00)
3&4 Step left forward, turn ¼ right, cross left over right (3:00)
5-6 Turn ¼ left stepping back on right, turn ¼ left stepping left to side (9:00)
7&8 Step right back, step left beside right, step right forward

RESTART on wall 2 (facing 6:00) and wall 4 (facing 12:00):

& Step left beside right after count 8 (&) then restart from beginning of dance

STEP, TURN ½ / TOUCH, TRIPLE STEP, SWAY LEFT & RIGHT, SWAY (X3)

1-2 Step forward on left, turn ½ right touch right toe in front (3:00)
3&4 Triple forward right, left, right
5-6 Step left to left diagonal with sway, sway right in place
7&8 Sway left, right, left in place (weight on left)

HEEL & TOUCH & HEEL & STEP, SAILOR ½ TURN, TRIPLE FULL TURN

1&2 Tap right heel forward, step down on right, touch left toe beside right
&3&4 Step left together, tap right heel forward, step down right, step slightly forward on left
5&6 Step right behind left, turn ½ right stepping left to side, step right to side (9:00)
7&8 Triple full turn to left stepping left, right, left in place (9:00)

(option for 7&8): triple in place

REPEAT

TAG: AFTER WALL 3 (facing 3:00):

RIGHT CROSS SAMBA, LEFT CROSS SAMBA, TOUCH, TURN ½, STEP TURN STEP

1&2 Cross step right over left, rock left to left side, recover to right
3&4 Cross step left over right, rock right to right side, recover to left
5-6 Touch right toe behind left, turn ½ right step right down
7&8 Step left forward, turn ½ right step right forward, step left together