

Iso Kampong Toh

拍數: 64 牆數: 4 級數: Beginner
編舞者: Agnes Sipula Vun - August 2010
音樂: Iso Kampong Toh - Francis Landong



(Note: Iso Kampong Toh means We Came From The Same Village)

Start the dance on vocal after 80 counts of hard beats.

RIGHT LINDY, LEFT SIDE CHA CHA, BEHIND, SIDE

1&2 Cha cha to right side on RLR
3-4 Cross left behind right, recover onto right
5&6 Cha cha to left side on LRL
7-8 Cross right behind left, step left to left side

CROSS, HOLD, SIDE, HOLD, CROSS, HOLD, POINT, HOLD

1-2 Cross right over left, hold
3-4 Step left to left side, hold
5-6 Cross right over left, hold
7-8 Point left to left side, hold

CROSS, HOLD, SIDE, HOLD, CROSS, HOLD, POINT, HOLD

1-2 Cross left over right, hold
3-4 Step right to right side, hold
5-6 Cross left over right, hold
7-8 Point right to right side, hold

RIGHT & LEFT FORWARD TOE STRUTS, SIDE-ROCK-CROSS, HOLD

1-2 Touch right toes forward, step right heel down
3-4 Touch left toes forward, step left heel down
5-6 Rock right to right side, recover onto left
7-8 Cross right over left, hold

LEFT & RIGHT FORWARD TOE STRUTS, SIDE-ROCK-CROSS, HOLD

1-2 Touch left toes forward, step left heel down
3-4 Touch right toes forward, step right heel down
5-6 Rock left to left side, recover onto right
7-8 Cross right over left, hold

RIGHT & LEFT TOE-HEEL-CROSS, HOLD

1-2 Touch right toes beside left, touch right heel beside left
3-4 Cross right over left, hold
5-6 Touch left toes beside right, touch left heel beside right
7-8 Cross left over right, hold

1/4 TURN LEFT BUMP HIPS RLRL, 1/2 TURN RIGHT BUMP HIPS RLRL

1-4 Turning 1/4 left bump hips RLRL
5-8 Turning 1/2 right bump hips RLRL

SIDE-TOUCH X 4

1-2 Step right to right side, touch left together
3-4 Step left to left side, touch right together
5-6 Step right to right side, touch left together

7-8 Step left to left side, touch right together

RESTART during wall 5 after 48 counts.

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