

# While The Feeling's Good

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Karen Tripp (CAN) - August 2010  
音樂: While the Feeling's Good - Kenny Rogers : (CD: Love Lifted Me)



## **FORWARD, RECOVER, BACK CHA CHA, BACK, RECOVER, FORWARD CHA CHA**

1-2-3&4            Forward on right, recover back on left, step R, L, R diagonally back  
5-6-7&8            Rock back on left, recover forward on right, step L, R, L diagonally forward

## **FENCELINE (Cross, Recover, right cha cha), CROSS, RECOVER ¼ RIGHT, BACK LOCKING CHA**

9-10-11&12        Cross right over left, recover on left, step side R, L, R  
13-14-15&16      Cross left over right, recover on right stepping back and turning ¼ right to face 3:00, step back left, lock (cross) right in front of left, step back on left

**Styling option: on the crossing steps, extend both arms out to sides**

## **ROCK BACK, RECOVER, FORWARD CHA CHA, ONE TRAVELLING DOOR**

17-18-19&20       Step back on right, recover forward on left, step forward R, L, R  
21-22-23&24      Rock side on left, recover side on right, cross left over right, step side on right, cross left over right

## **ROCK SIDE, RECOVER, FULL SPIN LEFT (CHA CHA CHA), ONE TRAVELLING DOOR**

25-26-27&28      Rock side on right, turn ¼ left and step on left, continue to turn ¼ left and step side on right, continue to turn ¼ left and cross left behind right, continue to turn ¼ left step on right, to end facing original wall

**Easier option to avoid turns: do a travelling door starting with side rock right**

29-30-31&32      Rock side on left, recover side on right, cross left over right, step side on right, cross left over right

## **TAG**

At the start of walls 5, 9, and 11 add two Side Touches.

## **SIDE TOUCH TWICE**

1-4                      Step side on right, touch left next to right, step side on left, touch right next to left

## **ENDING**

Music slows at the end. Continue dancing to steps 13 and 14 keeping in time with the slowed tempo, and if you want to end facing 12:00, do steps 15&16 turning to face the front wall. Take an extra step back, point toe to the side, and extend arms.

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