

Say Hey I Love You

拍數: 32 牆數: 4 級數: Beginner
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音樂: Say Hey (I Love You) - Michael Franti & Spearhead



Intro : 24 counts, starts on vocal

Part 1: Rock forward and back , diagonal shuffle touch left and right

1,&,2 Left rock forward, Right on place, left back
3,&,4 Right rock backward, Left on place, Right forward
5,&,6 Left to left side diagonaly 1/8 turn to right, right beside left, left to left side
& right touch close to left turning 1/8 turn to left .
7,&,8 Right to right side diagonaly 1/8 turn to left, left beside right, right to right side
& Left touch close to right turning 1/8 turn to right

Part 2: cross each side, full turn mambo to right side, cross back and front

1,&,2 Left cross over right, recover weight on right, left to side
3,&,4 Right cross over left, recover weight on left, right forward ¼ turn to right side
5,&,6 Left forward ¼ turn to right, right on place ¼ turn right, left to side ¼ right turn
7,&,8 Right cross behind left, left to side, right cross over left

Part 3: Rock forward and back turning ¼ turn left and ¼ right,

1,&,2 Left rock forward, recover weight on right, left back turning ¼ turn to left
3,&,4 Right rock back, recover weight on left, right forward ¼ turn to right
5,&,6 Left rock forward, recover weight on right, left back turning ¼ turn to left
7,&,8 Right rock back, recover weight on left, right close to left (facing the new wall)

Part 4: Side together side touch each side , rock to each side

1,& Left to left side, Right beside left
2,& Left to left side, Right touch beside left
3,& Right to right side, left beside right
4,& Right to right side, left touch beside right
5,&,6 Left rock to left side, recover weight on right, left beside right
7,&,8 Right rock to right side, recover weight on left, right beside left

Repeat the dance on the next wall

Have fun !