

# Tell Me

拍數: 64                      牆數: 2                      級數: Intermediate  
編舞者: Andrew Palmer (UK) & Sheila Palmer (UK) - August 2010  
音樂: Tell Me - Jake Owen



Our thanks to John Olney for recommending the track.

Intro: Start on main vocals (approx 72 seconds)

**SEC1: TOE-STRUT. TOE-STRUT. ROCK. RECOVER. TOGETHER. HOLD**

1-4                      Touch right forward, drop weight to right heel, touch left forward, drop weight to left heel  
5-8                      Rock right to side, recover, step right beside left, hold

**SEC2: BACK. TOGETHER. FORWARD. LOCK. FORWARD. HOLD. ROCK. RECOVER**

1-6                      Coaster-step left, lock right behind left, step forward left, hold  
7,8                      Rock forward right, recover

**SEC3: ROCK. RECOVER. STEP-PIVOT-CROSS. HOLD. QUARTER-TURN. HITCH**

1-6                      Rock back right, recover, step forward right, pivot quarter left (9:00), cross right over left, hold  
7,8                      Quarter right (12:00) step back left, hitch right

**SEC4: QUARTER-TURN. HITCH. POINT. HITCH. POINT. HOLD. BEHIND. QUARTER TURN-STEP**

1-6                      Quarter right (3:00) step right to side, hitch left, point left to side, hitch left, point left to side, hold  
7,8                      Step left behind right, quarter left (12:00) step right in place (start a sailor-turn half left)

**SEC5: QUARTER TURN-STEP.RUN.RUN. HOLD. BACK. SWEEP. BACK. SWEEP**

1-4                      Quarter turn left (9:00) step left forward, run forward right, run forward left, hold  
5-8                      Step back right, sweep left, step back left, sweep right

**SEC6: BACK. TOGETHER. FORWARD. HOLD. SIDE. TOGETHER. FORWARD. HOLD**

1-4                      Coaster-step right, hold  
5-8                      Step left to side, step right beside left, step forward left, hold

**SEC7: SIDE. TOGETHER. BACK. HOLD. SAILOR-QUARTER-TURN. HOLD**

1-4                      Step right to side, step left beside right, step back right, hold  
5-8                      Sailor-turn quarter left (6:00), hold

**SEC8: STEP-PIVOT-STEP. HOLD. STEP-PIVOT-STEP. HOLD**

1-4                      Step forward right, pivot half left (12:00), step forward right, hold  
5-8                      Step forward left, pivot half right (6:00), step forward left, hold

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