

# Dancing Without Music

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Robert Lindsay (UK) - August 2010  
音樂: Dancing Without Music - Helena Paparizou : (CD: Giro Apo T' Oniro)



## **(1-8) Touch, Turn, Kick. Coaster Step. Step Turn, Triple 1/2 Turn Touch**

- 1-2      Touch right beside left. Turning  $\frac{1}{4}$  turn right, kick right foot forward.
- 3&4      Step back on right. Step left beside right. Step forward on right.
- 5-6      Step forward on left. Pivot  $\frac{1}{2}$  turn right.
- 7&8      Triple  $\frac{1}{2}$  turn right, stepping left, right and touch left beside right.

## **(9-16) Syncopated Touch Steps. Touch Unwind. Kick Ball Change**

- 1&2      Touch left to left side. Step left beside right. Touch right to right side.
- &3&4      Step right beside left. Touch left forward. Step left beside right. Touch right forward.
- &5-6      Step down onto right. Touch left foot to right heel. Unwind  $\frac{1}{2}$  turn left, keeping weight on left.
- 7&8      Kick right foot forward. Step down on ball of right. Step left beside right.

## **(17-24) Rock. Recover. Out, Out. Hold. Right Shuffle Forward. Step. Pivot $\frac{1}{2}$ Turn**

- 1-2      Rock forward on right. Recover weight onto left.
- & 3-4      Step back and out on right. Step back and out on left. (About hip width apart). Hold.
- 5&6      Step forward on right. Step left beside right. Step forward on right.
- 7-8      Step forward on left. Pivot  $\frac{1}{2}$  turn right.

## **(25-32) Full Turn. Out, Out. Hold. Step. Pivot $\frac{1}{4}$ turn. Cross Shuffle.**

- 1-2      Turning  $\frac{1}{2}$  turn right, step back onto left. Turning  $\frac{1}{2}$  turn right, step forward onto right.
- &3-4      Step forward and out on left. Step forward and out on right. Hold.
- 5-6      Step forward onto left. Pivot  $\frac{1}{4}$  turn right.
- 7&8      Step left across in front of right. Step right beside left. Step left across in front of right.

**Restart here on wall 5**

## **(33-40) 2 Step Vine Right. & Long Step, Drag. Rock Back. Recover. Kick Ball Change**

- 1-2      Step right to right side. Step left behind right.
- &3-4      Step right beside left. Take a long step to left. Drag the right to the left. (Weight remains on left).
- 5-6      Rock back on right. Recover weight onto left.
- 7&8      Kick right diagonally right. Step down onto ball of right. Step left beside right.

## **(41-48) 2 Step Vine Right. & Long Step, Drag. Rock Back. Recover. Kick Ball Change**

- 1-2      Step right to right side. Step left behind right
- &3-4      Step right beside left. Take a long step to left. Drag the right to the left. (Weight remains on left).
- 5-6      Rock back on right. Recover weight onto left.
- 7&8      Kick right diagonally right. Step down onto ball of right. Step left beside right

## **(49-56) Right Toe Strut. Left Toe Strut. Right Chasse. $\frac{1}{4}$ Hinge Turn. Hold**

- 1-2      Touch right toe to right side. Snap right heel to the floor.
- 3-4      Cross left toe over right. Snap left heel to the floor.
- 5&6      Step right to right side. Step left beside right. Step right to right side.
- 7-8      Turning  $\frac{1}{4}$  left, step left out to the left. Hold.

## **(57-64) Step. Left Toe Strut. Right Toe Strut. Rock, Recover, Coaster Step**

- &1-2      Step right beside left. Touch left toe to left side. Snap left heel to floor.
- 3-4      Cross right toe over left. Snap right heel to floor.

5-6                    Rock forward on left. Recover weight onto right.  
7&8                    Step back on left. Step right beside left. Step forward on left.

**Begin Again!!!!**

**Restart:**

**There is a restart on wall 5 after count 32. This occurs only once.**

**Email: [robertmlindsay@hotmail.com](mailto:robertmlindsay@hotmail.com).**

---