

Dancing Without Music

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Robert Lindsay (UK) - August 2010
音樂: Dancing Without Music - Helena Paparizou : (CD: Giro Apo T' Oniro)



(1-8) Touch, Turn, Kick. Coaster Step. Step Turn, Triple 1/2 Turn Touch

1-2 Touch right beside left. Turning $\frac{1}{4}$ turn right, kick right foot forward.
3&4 Step back on right. Step left beside right. Step forward on right.
5-6 Step forward on left. Pivot $\frac{1}{2}$ turn right.
7&8 Triple $\frac{1}{2}$ turn right, stepping left, right and touch left beside right.

(9-16) Syncopated Touch Steps. Touch Unwind. Kick Ball Change

1&2 Touch left to left side. Step left beside right. Touch right to right side.
&3&4 Step right beside left. Touch left forward. Step left beside right. Touch right forward.
&5-6 Step down onto right. Touch left foot to right heel. Unwind $\frac{1}{2}$ turn left, keeping weight on left.
7&8 Kick right foot forward. Step down on ball of right. Step left beside right.

(17-24) Rock. Recover. Out, Out. Hold. Right Shuffle Forward. Step. Pivot $\frac{1}{2}$ Turn

1-2 Rock forward on right. Recover weight onto left.
& 3-4 Step back and out on right. Step back and out on left. (About hip width apart). Hold.
5&6 Step forward on right. Step left beside right. Step forward on right.
7-8 Step forward on left. Pivot $\frac{1}{2}$ turn right.

(25-32) Full Turn. Out, Out. Hold. Step. Pivot $\frac{1}{4}$ turn. Cross Shuffle.

1-2 Turning $\frac{1}{2}$ turn right, step back onto left. Turning $\frac{1}{2}$ turn right, step forward onto right.
&3-4 Step forward and out on left. Step forward and out on right. Hold.
5-6 Step forward onto left. Pivot $\frac{1}{4}$ turn right.
7&8 Step left across in front of right. Step right beside left. Step left across in front of right.

Restart here on wall 5

(33-40) 2 Step Vine Right. & Long Step, Drag. Rock Back. Recover. Kick Ball Change

1-2 Step right to right side. Step left behind right.
&3-4 Step right beside left. Take a long step to left. Drag the right to the left. (Weight remains on left).
5-6 Rock back on right. Recover weight onto left.
7&8 Kick right diagonally right. Step down onto ball of right. Step left beside right.

(41-48) 2 Step Vine Right. & Long Step, Drag. Rock Back. Recover. Kick Ball Change

1-2 Step right to right side. Step left behind right
&3-4 Step right beside left. Take a long step to left. Drag the right to the left. (Weight remains on left).
5-6 Rock back on right. Recover weight onto left.
7&8 Kick right diagonally right. Step down onto ball of right. Step left beside right

(49-56) Right Toe Strut. Left Toe Strut. Right Chasse. $\frac{1}{4}$ Hinge Turn. Hold

1-2 Touch right toe to right side. Snap right heel to the floor.
3-4 Cross left toe over right. Snap left heel to the floor.
5&6 Step right to right side. Step left beside right. Step right to right side.
7-8 Turning $\frac{1}{4}$ left, step left out to the left. Hold.

(57-64) Step. Left Toe Strut. Right Toe Strut. Rock, Recover, Coaster Step

&1-2 Step right beside left. Touch left toe to left side. Snap left heel to floor.
3-4 Cross right toe over left. Snap right heel to floor.

5-6 Rock forward on left. Recover weight onto right.
7&8 Step back on left. Step right beside left. Step forward on left.

Begin Again!!!!

Restart:

There is a restart on wall 5 after count 32. This occurs only once.

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