

# Apple Tree Polka

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner / Easy Intermediate  
編舞者: Michele Perron (CAN) - July 2010  
音樂: Forevermore - Katie Herzig : (Album: Apple Tree - 2:13)



Introduction: Immediate - CW Rotation.

## Sec. I (1- 8) TRIPLE FORWARD, FORWARD-&-FORWARD, FORWARD, LOCK, FORWARD, TOUCH

1&2      RIGHT Triple forward [R forward, L beside, R forward]  
3&4      LEFT Rock/Step forward, RIGHT Recover/Step back. LEFT Step forward with 1/2 Turn L (6 o'clock)  
5,6      RIGHT Step forward; LEFT Step forward & crossed behind R  
7,8      RIGHT Step forward; Turn 1/4 R with LEFT Toe/Touch side L (9 o'clock)

## Sec. II (9-16) ACROSS, SIDE, LEFT SAILOR, RIGHT SAILOR, BACK, TOUCH

1,2      LEFT Step across front of R; RIGHT Step side R  
3&4      LEFT Sailor (Left crossed behind R, Right Step side R, Left Recover/Step side L)  
5&6      RIGHT Sailor (Right crossed behind L, Left Step side L, Right Recover/Step side R)  
7,8      Turn 1/4 L with LEFT Step back; RIGHT Toe/Tap back diagonal R [face diagonal L] (6 o'clock) [slight twist action on count 8]

## Sec.III (17-24) TURN, TURN, TRIPLE SIDE, FORWARD-&-BACK, BACK-&-FORWARD

1,2      Turn 1/4 R with RIGHT Step across front of L & forward  
2 T      urn 1/4 R with LEFT Step back & behind R  
3&4      RIGHT Triple Step side with 1/4 Turn R [Turn/side, L step beside, R side] (3 o'clock)  
5&6      LEFT Rock/Step forward; RIGHT Recover/Step back, LEFT Step back\*  
(\* facing R diagonal)  
7&8      RIGHT Rock/Step back, LEFT Recover/Step forward, RIGHT Step forward\*  
(\*facing R diagonal)

## Sec.IV (25-32) CROSS/ROCK, RECOVER/BACK, TRIPLE TURN, FORWARD, TURN, FORWARD, SIDE

1,2      LEFT Rock/Step across front of R; RIGHT Recover/Step back  
3&4      LEFT Triple Step with 1/4 Turn L [L side, R beside, L forward/turn] (12 o'clock)  
5,6      RIGHT Step forward; Turn 1/2 L with LEFT Step forward (6 o'clock)  
7,8      RIGHT Step forward; Turn 1/4 L with L Step side (3 o'clock)

Begin Again

\*\* Dance ends facing front wall...Smiles.

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