

# Lovin U On My Mind

**COPPER** **KNOB**  
BY STEPHEN BRETZ

拍數: 32                      牆數: 2                      級數: High Intermediate  
編舞者: Alan Spence (UK) - August 2010  
音樂: Lovin' You On My Mind - Josh Turner : (CD: Haywire)



16 Count Intro, 15 seconds, (68 bpm)

Start with weight on right foot facing right diagonal

## Rock Fwd L. Step Back R,L. Cross, 1/8 Turn Side Cross, Side Rock Cross, 2 x 1/4 Turns Cross

- 1 2 &                      Rock Forward on Left to Right Diagonal, Step Back on Right, Step Back on Left ( 1.30 clock )  
3 4 &                      Cross Right Over Left, Make 1/8 Turn Right Stepping Back on Left, Step Right to Right Side ( 3 o'clock )  
5 6 &                      Cross Left Over Right, Rock Right to Right Side, Recover onto Left  
7 &                      Cross Right Over Left, Make 1/4 Turn Right Stepping Back on Left ( 6 o'clock )  
8 &                      Make 1/4 Turn Right Stepping Right to Right Side, Cross Left Over Right ( 9 o'clock )

## Sway R,L, Cross 1/4 Turn, Back Rock, Sweep Cross Unwind 1/2 Turn, Sweep Behind Side Cross

- 1 2 &                      Sway Right Stepping Right to Right Side, Sway Left, Cross Right Over Left  
3 & 4                      Make 1/4 Turn Right Stepping Back on Left, Rock Back on Right, Recover onto Left (12 o'clock )  
& 5                      Sweep Right from Back to Front, Cross Right Over Left  
6 &                      Unwind 1/2 Turn Left, Sweep Left from Front to Back ( 6 o'clock )  
7 & 8                      Step Left Behind Right, Step Right to Right Side, Cross Left Over Right

## Side Back Rock, 1/4 Turn Back Rock, 1/4 Turn Step 1/2 Turn, Step Full Turn, Step

- 1 2 &                      Long Step Right to Right Side, Rock Back on Left, Recover onto Right  
3 4 &                      Make 1/4 Turn Right Stepping Back on Left, Rock Back on Right, Recover onto Left ( 9 o'clock )  
5 6 &                      Make 1/4 Turn Right Stepping Forward on Right, Step Forward on Left, Pivot 1/2 Turn Right, ( 6 o'clock )  
7 &                      Step Forward on Left, Make 1/2 Turn Left Stepping Back on Right  
8 &                      Make 1/2 Turn Left Stepping Forward on Left, Step Forward on Right ( 6 o'clock )

## Lunge Fwd, Step Back, Sweep Back, 1/4 Turn Sailor Step, Cross Rock 1/4 Turn.Full Turn Step.

- 1 2 3                      Lunge Forward on Left, Step Back on Right, Sweep Left from Front to Back Stepping on Left  
4 &                      Sweep Right from Front To Back While Making 1/4 Turn Right and Stepping on Right. Step Left to Left Side  
5                      Step Right to Right Side  
6 & 7                      Cross Rock Left Over Right, Recover onto Right, Make 1/4 Turn Left Stepping Forward on Left  
& 8                      Make 1/2 Turn Left Stepping Back on Right, Make 1/2 Turn Left Stepping Forward Left ( 6 o'clock )  
&                      Make 1/8 Turn Right Stepping Forward on Right ( 7.30 clock ) Ready to Start Again

## TAG 1: Rocking Chair with Turns and Sways ( 4 Counts )

- 1                      Rock Left Forward to Right Diagonal ( As you Rock Forward Turn Body Towards Right Swaying Left )  
2                      Recover onto Right ( As you Recover Turn Body Left Back to Original Position )  
3                      Rock Left Back ( As you Rock back Turn Body Towards Left Swaying to Left )  
4                      Recover onto Right ( As you Recover Turn Body Right to Original Position )

## TAG 2: Side Back Rock x 2, Sway x 2, Extended Cross Shuffle ( 8 & Counts )

1 2 & Step Left to Left Side, Rock Back on Right, Recover onto Left,  
3 4 & Step Right to Right Side, Rock Back on Left, Recover onto Right  
5 6 Sway Left Stepping Left to Left Side, Sway Right Stepping Right to Right Side  
7 & 8 & Cross Left over Right, Step Right to Right Side, Cross Left Over Right, Step Right to Right Side

**Phrasing of Dance Not as complicated as it reads**

**Dance Wall 1, Add TAG 1,+ TAG2, = ( 12 Counts )**

**Dance Wall 2, Add TAG 1 = ( 4 Counts )**

**Dance Walls 3 and 4**

**Dance Wall 5, Add TAG 1 = ( 4 Counts )**

**Dance Walls to End**

**Enjoy**

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