

Bailamos

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Nelly Chu (CAN) - August 2010
音樂: Bailamos (Latin Remix) - Enrique Iglesias : (CD: 2002 Universal Music Latino)



Start after 48 counts

Right Step Lock Step Scuff Left Step Lock Step Scuff

1-2 Step forward on right, lock step left behind right
3-4 Step forward on right, scuff left forward
5-6 Step forward on left, lock step right behind left
7-8 Step forward on left, scuff right forward (12:00)

Cross Side Behind Sweep Behind Side Cross Sweep

1-2 Cross right over left, step left to left side
3-4 Cross right behind left, sweep left from front to back
5-6 Step left behind right, step right to right side
7-8 Cross left over right, sweep right from back to front (12:00)

Rocking Chain Step Touch Step Touch

1-2 Rock forward on right, recover on left
3-4 Rock back on right, recover on left
5-6 Step right to right, touch left beside right
7-8 Step left to left, touch right beside left (12:00)

Rolling Turn Right Step Touch Rolling Turn Left Step Touch

1-2 ¼ turn right step forward on right, ½ turn right step back on left
3-4 ¼ turn right step right to right, touch left next to right
5-6 ¼ turn left step forward on left, ½ turn left step back on right
7-8 ¼ turn left step left to left, touch right next to left (12:00)

Step Pivot ½ Turn Left Step Shimmy Shimmy Step Shimmy Shimmy Side Rock Flick

1-2 Step forward on right, pivot ½ turn left (6:00)
3-4 Step forward on right, shimmy shimmy
5-6 Step forward on left, shimmy shimmy
7-8 Rock right to right side, recover on left flicking right back slightly

Step Side Pivot ¼ Turn Left Hold Ball Step Hip Bumps

1-2 Step right to right side pivot ¼ turn left (weight on right) (3:00)
3&4 Hold, step on ball of left beside right, step right forward
5-6 Step left forward with hip bump to left, bump back to right
7&8 Bump hip forward left, bump back right, bump forward left

Jazz Box ¼ Turn Right Step Sway Down Right Left Sway Up Right Left

1-2 Cross right over left, step back on left with ¼ turn right (6:00)
3-4 Step right to right side, cross left over right
5-6 Step right to right bending down on knees with hip sway to right and to left
7-8 Sway hip up to right and to left

Step Side Cross Behind ¼ Turn Right Step Pivot ½ Turn Right ¼ Turn Right Step Behind Step

1-2 Step right to right, cross left behind right
3-4 ¼ turn right, step forward right, step forward left (9:00)

5-6 Pivot $\frac{1}{2}$ turn right, $\frac{1}{4}$ turn right step left to left side
7-8 Cross right behind left, step left to left side (6:00)

Start again and enjoy!
