

Dixie Swing!

拍數: 48 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) & Brandon Cheung (AUS) - August 2010
音樂: Dixie Biscuit (feat. Henrik Wager) - Tape Five : (CD: Tonight Josephine! 2010)



Intro: 24 Count (16 sec)

Sec 1: 1-8 Kick, Back Rock / Recover, Kick, 1/4 Turn L, Side Point, Sailor Step, Heel &, Replace, 1/4 Turn L, Side Stomp

- 1&2& Kick forward on Rf, step Rf back in place, rock back on Lf, recover on Rf weight onto Rf (12:00)
3&4 Making a 1/4 turn to left (9) kick forward on Lf, step Lf back in place, point Rf to the right side
5&6 Step Rf behind Lf, step Lf to the left side, step Rf to the right side take weight onto both feet (9:00)
7&8 Touch R heel forward, making a 1/4 turn to left (6) Replace, stomp Lf out to the left side take weight onto both feet

Sec 2: 9-16 Sailor Step, Coaster step, 1/4 Pivot L, Run R, Run L, & Heel

- 1&2 Step Rf behind Lf, step Lf to the left side, step Rf to the right side weight onto Rf (6:00)
3&4 Step Lf back, step Rf beside Lf, step forward on Lf weight onto Lf (coaster)
5-6 Step forward on Rf, making a 1/4 turn L (3) take weight onto Lf
7&8 Stepping forward on Rf, stepping forward on Lf, bring R heel forward (toes up) holding weight onto Lf (3:00)

Sec 3: 17-24 Side Stomp, Side Stomp, Side, Together, Side, Tog, Side, Tog, Side Tog, 1/4 Turn L Step Fwd, 1/2 Turn L, Back, Back

- 1&2& Step Rf to the right, stomp Lf beside Rf, step Lf to the left, stomp Rf beside Lf (3:00)
3&4& Step Rf to the right, step Lf beside Rf, step Rf to the right, touch Lf beside Rf weight onto Rf
5&6& Step Lf to the left, touch Rf beside Lf, step Rf to the right, touch Lf beside Rf weight onto Rf
7&8 Making a 1/4 turn to left (12) step forward on Lf, continue 1/2 turn to left (6) step back on Rf, step back on Lf weight onto Lf * Restart *

RESTART here on WALL 4 after 24 count (facing 9 O'clock)

Sec 4: 25-32 Walk Back R-L, Back Rock / Recover, Fwd, Lock Step Fwd, 1/4 Pivot L

- 1-2 Walk back on Rf, walk back on Lf weight onto Lf (6:00)
3&4 Rock back on Rf, recover on Lf, step forward on Rf weight onto Rf
5&6 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf
7-8 Step forward on Rf, making a 1/4 turn to left (3) take weight onto Lf

Sec 5: 33-40 Dixie Kick Fwd, Back, 1/4 Turn R, Coaster step L, Dixie Kick Fwd, Back, Lock Step Fwd

- 1-2 Dixie kick forward on Rf (toes up), step back on Rf weight onto Rf (3:00)
3&4 Making a 1/4 turn to right (6) step back on Lf, step Rf beside Lf, step forward on Lf weight onto Lf
5-6 Dixie kick forward on Rf (toes up), step back on Rf weight onto Rf
7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (6:00)

Sec 6: 41-48 Jazz Box, Together, Cross Samba 1/4 Turn R, Lock Step Fwd

- 1-2 Cross Rf over Lf, long step back on Lf (Option: Pushing hips back) (6:00)
3-4 Step Rf to the right, step Lf beside Rf weight onto both feet
5&6 Cross step Rf over Lf, step Lf to the L side slightly forward with 1/4 turn to right (9), step Rf to the right side slightly forward weight onto Rf
7&8 Step forward on Lf, lock Rf behind Lf, step forward on Lf weight onto Lf (9:00)

RESTART: During WALL 4 after 24 Counts, start the dance from the beginning (facing 9 O'clock)

Start the dance again and have fun!

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