Emotions



拍數: 96 牆數: 2 級數: Intermediate

編舞者: Kate Sala (UK) - August 2010

音樂: I Put a Spell On You (feat. Joss Stone) - Jeff Beck



Start on vocals.

Left Step Forward, Touch Right, Right Step Back, Touch Left.

1 2 3 Step forward on L. Touch R toe out to Right side. Hold.

4 5 6 Step back on R. Touch L toe out to L side. Hold.

Left Step Forward, Turn 1/2 Left Stepping Back, Step Back On Left, Rock Back On Right.

1 2 3 Step forward on L. Turn 1/2 L stepping back on R. Step back on L.

4 5 6 Rock back on R over 3 counts.

Repeat the above 12 Counts Facing 6 0'clock.

Left Step Forward, Sweep Right Round From Back To Front, Cross Twinkle.

1 2 3 Step forward on L. Sweep R foot round to the R from back to front over 2 counts. (12

o'clock).

4 5 6 Cross step R over L. Step L out to L side. Step R in place.

Left Step Forward, Sweep Right Round From Back To front, Cross Right, Unwind 1/2 Turn Left.

1 2 3 Step forward on L. Sweep R foot round to the R from back to front over 2 counts.

4 5 6 Cross step R over L. Unwind 1/2 turn L over 2 counts. Weight remains on Right.

Weave Right, Step Right Swaying Right,

1 2 3 Cross step L behind R. Step R to R side. Cross step L over R. (6 o'clock)

4 5 6 Step R to R side and sway R.

Sway Left, Triple Full Turn Right Travelling Right.

1 2 3 Sway L over 3 counts.

4 5 6 Turn 1/4 R stepping forward on R. Turn 1/2 R stepping back on L. Turn 1/4 R stepping R to R

side.

Cross Step Left Over Right, Unwind 1/2 Turn Right With Sweep, Step Back On Right, Sweep Left Back.

1 2 3 Cross step L over R. Unwind 1/2 turn R keeping weight on L. Sweep R foot out to R and

hack

4 5 6 Step back on R. Sweep L foot round to the L from front to back over 2 counts. (12 o'clock)

Step Back On Left, Sweep Right back, Right Coaster Step.

1 2 3 Step back on L. Sweep R foot round to the R from front to back over 2 counts.

4 5 6 Step back on R. Step L next to R. Step forward on R.

Left Step Forward, Turn 1/4 Left With Hitch, Long Step Right dragging Left In.

1 2 3 Step forward on L. Turn 1/4 L on ball of L hitching R knee up over 2 counts. (9 o'clock)

4 5 6 Take a long step to the R. Drag L in towards R over 2 counts, weight remains on R.

Cross Twinkle Behind, Cross Twinkle Behind.

1 2 3 Cross step L behind R. Step R out to R side. Step L in place.

4 5 6 Cross step R behind L. Step L out to L side. Step R in place.

Cross Step Left Behind Right, Sweep Right Back, Weave Left.

123 Cross step L behind R. Sweep R foot round to the R from front to back over 2 counts.

4 5 6 Cross step R behind L. Step L to L side. Cross step R over L.

Left Rock On Left Diagonal, Vine Right.

1 2 3 Rock forward on L to L diagonal over 3 counts.

4 5 6 Step R to R side. Cross step L behind R. Step R to R side.

Cross Rock On Left Over Right, Weave Left.

1 2 3 Cross rock on L over R over 3 counts.

4 5 6 Recover on to R. Step L to L side. Cross step R over L.

Unwind 1 & 1/4 Turn Left.

1 2 3 4 5 6 Unwind 1 1/4 L over 6 counts weight ending on R and L foot free to

Start the dance again!