

I Fell Apart

拍數: 64 牆數: 2 級數: Intermediate
編舞者: John Reid (UK) - July 2010
音樂: I Fell Apart - Drizabone Soul Family



SLIDE, BEHIND & CROSS, SIDE ROCK, BEHIND AND TURN

1-2 Slide right to right side, draw left up to right
3&4 Cross left behind right; recover on right and cross left over right
5- 6 Rock right to right side, recover on left
7&8 Cross right behind left, recover on left making $\frac{1}{4}$ turn left, step forward right

TOE TOUCHES X 2, CROSS KICKS X 6

9&10 Touch left toe across right and touch right toe across left
11&12 Kick left foot across right twice
&13&14 Kick right foot across left and kick left foot across right
&15-16 Kick right foot across left twice

$\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, COASTER STEP, CROSS MAMBO'S X 2

17-18 Make a $\frac{1}{4}$ turn right stepping on right, make a $\frac{1}{2}$ turn right stepping back on left
19&20 Step back on right, close left next to right, step forward on right
21&22 Cross left over right, recover on right, step left beside right
23&24 Cross right over left, recover on left, step right beside left

CROSS $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURNING SHUFFLE, ROCK FORWARD, $\frac{1}{2}$ TURNING SHUFFLE

25-26 Cross left over right, make a quarter turn left stepping back on right
27&28 Make a half turn left on left, together right, left
29-30 Rock forward on right, recover on left
31&32 Make a half turn right on right, together left, right

QUARTER RIGHT, CROSS SHUFFLE, SLIDE RIGHT, BEHIND & CROSS

33-34 Step forward on left making $\frac{1}{4}$ turn right, recover onto right
35&36 Cross left over right, step right next to left, cross left over right
37-38 Slide right to right side, draw left up to right
39&40 Cross left behind right, recover on right, cross left over right

SIDE ROCK, WEAVE, BEHIND & CROSS

41-42 Rock right to right side, recover on left
43-44 Cross right behind left, step left to left side
45-46 Cross right in front of left, step left to left side
47&48 Cross right behind left, recover on left, cross right over left

ROCK & CROSS, QUARTER LEFT, RIGHT SHUFFLE, FORWARD ROCK

49&50 Rock left to left side, recover on right, cross left over right
51-52 Rock right to right side, make a $\frac{1}{4}$ left stepping left
53&54 Step forward right, step left next to right, step forward right
55-56 Rock forward on left, recover on right

$\frac{1}{2}$ TURNS LEFT, LEFT SHUFFLE, $\frac{1}{4}$ TURN CROSS, ROCK & CROSS

57-58 Make a $\frac{1}{2}$ turn left stepping onto left, make a $\frac{1}{2}$ turn left stepping back right
59&60 Pivot $\frac{1}{2}$ turn left step forward left, step right beside left, step forward left
61&62 Rock right to right side, step back on left making $\frac{1}{4}$ turn left, cross right over left
63&64 Rock left to left side, recover on right, cross left over right

