

# Ayo Mama

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Ayo Mama - Andy Tielman



Intro: Start after 16 counts

## Section 1

### Side Mambo (Right & Left), Cross Recover Side (Right & Left)

1&2      Rock right to right, recover onto left, step right next to left  
3&4      Rock left to left, recover onto right, step left next to right  
5&6      Cross rock step right over left, step left back, step right next to left  
7&8      Cross rock step left over right, step right back, step left next to right

## Section 2

### Charleston Steps

1-2      Swing touch right toe forward, swing right toe back  
3-4      Swing touch left toe back, swing left toe forward  
5-8      Repeat steps 1 - 4

## Section 3

### Shuffle Forward, Left Forward Mambo, Shuffle Backward, Left Back Mambo

1&2      Shuffle right forward  
3&4      Rock Left forward, recover onto right, step left next to right  
5&6      Shuffle right backward  
7&8      Rock left back, recover onto right, step left next to right

## Section 4

### Vaudeville, Forward Toe Strut, Back Toe Strut, 1/4 Right Turn, Forward Toe Strut, Side Toe Strut

1&2&      Cross right over left, step left diagonal back, dig right heel forward, step right in place  
3&4&      Cross left over right, step right diagonal back, dig left heel forward, step left in place  
5&6&      Right toe strut forward, left toe strut back  
7&8&      Right toe strut forward turning ¼ right, left toe strut next to right (3.00)

## Repeat

### Ending: At wall 7 (facing 6.00) Dance the first 16 counts follow by the below steps

1-2      Step right forward, pivot ½ turn left  
3&4&      Right toe strut, left toe strut  
5      Right toe point back (poise) either open both arms up above head in 'V' Shape or at waistline down (optional)

## Happy Dancing

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