

# Free

拍數: 32      牆數: 2      級數: Improver  
編舞者: Alan Birchall (UK) - July 2010  
音樂: Free - Seal : (CD: Soul)



Start: On Lyrics – 16 counts

## FRONT, SIDE, BEHIND, ¼ TURN, STEP, ROCK, RECOVER, COASTER STEP

1-2            Cross Left Over Right, Right To Right  
3&4            Left Behind Right, Making ¼ Turn Step Right To Right, Step Forward On Left 3 'o' clock  
5-6            Rock Forward On Right, Recover On Left  
7&8            Step On Right, Step Left Beside Right, Step Forward On Right

## RUMBA BOX, SIDE, TOGETHER, SIDE, TOGETHER, SIDE

9&10            Step Left To Left, Right Beside Left, Step Forward On Left  
11&12            Step Right To Right, Step Left By Right, Step Back On Right  
13-14            Step Left To Left, Right Beside Left Note: Add Cuban Hips  
15&16            Step Left To Left, Right By Left, Step Left Note: Add Cuban Hips

## CROSS ROCK, RECOVER, SIDE, TOGETHER, ¼ TURN, SCISSOR STEPS

17-18            Cross Rock Right Over Left, Recover On Left  
19&20            Step Right To Right, Step Left To Right, Making ¼ Turn Right Step Forward Right 6 'o' clock  
21&22            Step Left To Left, Step Right By Left, Cross Left Over Right  
23&24            Step Right To Right, Step Left By Right, Cross Right Over Left

## BACK, SIDE, CROSS SHUFFLE, SWAY, RECOVER, BEHIND, POINT

25-26            Extended Step Back On Left, Step Right To Right  
27&28            Cross Left Over Right, Step Right To Right, Cross Left Over Right  
29-30            Sway Right To Right, Recover On Left  
31-32            Cross Right Behind Left, Point Left Back To Left Diagonal

START AGAIN

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