

Is It Still Over

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Marie Sørensen (TUR) - July 2010
音樂: Is it still over - Randi Travis : (CD: Trail of Memories Anthology)



Intro: 10 Counts (Start on lyrics)

There is one easy restart on wall 4, after 10 Counts, start the dance from the beginning (facing 9 O'clock)

Side rock, recover, Cross shuffle, ¼ turn right x 2, shuffle fwd. right

1 – 2 Rock right to right side, recover
3 & 4 Cross right over left, step left to left side, cross right over left
5 – 6 Make ½ turn right – ¼ turn right, step back on left, ¼ turn right, step right to right side
7 & 8 Step fwd. left, step right behind left, step fwd. left

Walk fwd. right, left, Mambo right, walk back left, right, Coaster step left

1 – 2 Walk fwd. right, left

Restart the dance here on wall 4

3 & 4 Rock fwd. right, recover, step right beside left
5 – 6 Walk back left, right
7 & 8 Step back left, step right beside left, step fwd. left

Charleston Kick, shuffle fwd. right, step ½ turn right

1 – 2 Step fwd. right, Kick left fwd.
3 – 4 Step back on left, Touch right toe back
5 & 6 Step fwd. right, step left behind right, step fwd. right
7 – 8 Step fwd. left, make ½ turn right (Weight on right)

Shuffle fwd. left, ¼ step turn left, Cross shuffle, Point, Cross

1 & 2 Step fwd. left, step right behind left, step fwd. left
3 – 4 Step fwd. right, ¼ turn left (Weight on left)
5 & 6 Cross right over left, step left to left side, Cross right over left
7 – 8 Point left to left side, Cross left over right (Weight on left)

Enjoy the music!

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