

Seasons In The Sun

COPPER KNOB
STEPPERS

拍數: 54
編舞者: Cato Larsen (NOR) - July 2010
音樂: Seasons In the Sun - Terry Jacks

牆數: 4

級數: Phrased Intermediate



Intro: Start the dance on the word "Friend" in the intro. (8 seconds).

The sequence of the dance will be as follows: A A, Tag, B, C, A A, Tag, B B, C, A A, Tag, B B B B.

'A' is danced to the verse, and 'B' is danced to the chorus.

Part A: The main dance.

(1–8) Left Mambo Step Forward, Right Mambo Step Back, Side Rock & Cross, 1/4 Monterey Turn.

- 1&2 Step forward on left (1), Rock (recover) weight back again onto right (&), Step back on left (2). [12:00]
3&4 Step back on right (3), Rock (recover) weight forward again onto left (&), Step forward on right (4).
5& Step left to left side (5), Rock (recover) weight back again onto right (&).
6 Cross left over right (6).
7,8 Point right toe to right side (7), Pivot ¼ turn right Stepping left next to right (8). [3:00]

(9–16) Side Rock & Cross, 1/4 Pivot Turn Twice, Cross, Side Rock, Cross, Side Rock (Bota Fogas).

- 1& Step left to left side (1), Rock (recover) weight back again onto right (&).
2 Cross left over right (2)
3 Pivot ¼ turn left Stepping back on right (3). [12:00]
4 Pivot ¼ turn left Stepping left to left side (4). [9:00]
5&6 Cross right over left (5), Step left to left side (&), Rock (recover) weight back again onto right (6).
7&8 Cross left over right (7), Step right to right side (&), Rock (recover) weight onto left (8).

(17–24) Cross, Back, Side Shuffle, Cross, Side Rock, Cross.

- 1,2 Cross right over left (1), Step back on left (2).
3&4 Step right to right side (3), Step left next to right (&), Step right to right side (4).
5 Cross left over right (5).
6,7 Step right to right side (6), Rock (recover) weight back again onto left (7).
8 Cross right over left (8).

(25–32) Side, Touch, Side, Touch, Side Shuffle, Point Back, 1/2 Turn Unwind.

- 1,2 Step left to left side (1), Touch right toe across in front of left (2).
3,4 Step right to right side (3), Touch left toe across in front of right (4).
5&6 Step left to left side (5), Step right next to left (&), Step left to left side (6).
7,8 Point right toe back (7), Unwind ½ turn right Stepping down on right (8). [3:00]

Part B: The Seasons In The Sun part.

(1–8) Walk Forward, Mambo Step, ½ Pivot Turn, Step, ½ Turn, Contra ½ Swivel Turn.

- 1,2 Step forward on left (1), Step forward on right (2). [6:00]
3&4 Step forward on left (3), Rock (recover) weight back again onto right (&), Step back on left (4).
5 Pivot ½ turn right Stepping forward on right (5). [12:00]
6,7 Step forward on left (6), Pivot ½ turn right (7). [6:00]
8 Pivot ½ turn right (contra) Stepping forward on left (8). [12:00]

(9–16) Walk Forward, Mambo Step, ½ Pivot Turn, Step, ½ Turn, Contra ½ Swivel Turn.

- 1,2 Step forward on right (1), Step forward on left (2).
3&4 Step forward on right (3), Rock (recover) weight back again onto left (&), Step back on right (4).
5 Pivot ½ turn left Stepping forward on left (5). [6:00]
6,7 Step forward on right (6), Pivot ½ turn left (7). [12:00]
8 Pivot ½ turn left (contra) Stepping forward on right (8). [6:00]

Part C:

(1-6) Walk Around Full Turn Over 6 Counts.

- 1-6 Walk around a full turn in a circle.

You decide what direction

TAG: To be danced after wall 2 &

- 1,2 Step left to left side and Sway hips left (1), Sway hips right (2).
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