

Burn It Down

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - July 2010
音樂: DJ Got Us Fallin' In Love (feat. Pitbull) - Usher : (3:42)



Starts After 16 Counts.

S1: Rock Step & Step, 1/2 Pivot, Step, 1/2, 1/4, Cross & Cross.

- 1-2&□ Rock forward on Right, recover on Left, step Right next to Left.
- 3-4□ Step forward on Left, pivot 1/2 turn to Right.
- 5-7□ Step forward on Left, make 1/2 turn to Left stepping back on Right, make 1/4 turn to Left stepping Left to Left side.
- 8&1□ Cross step Right over Left, step Left to Left side, cross step Right over Left.

S2: Rock & Cross, Heel Grind 1/4, Sailor 1/2, Step.

- 2&3□ Rock Left to Left side, recover on Right, cross step Left over Right.
- 4-5□ Step Right next to Left (toes pointing Left diagonal), make 1/4 turn to Right grinding Right heel

(weight stays on Left, Right starts to sweep into sailor)

- 6&7□ Make 1/4 turn to Right stepping Right next to Left, 1/4 turn Right stepping Left next to Right, step forward Right.
- 8□ Step forward on Left.

S3: 1/4, Sailor 1/2 Cross, Side, Cross, Unwind Full Turn, Step.

- 1□ Make 1/4 turn to Left stepping Right to Right side.
- 2&3□ Make 1/4 turn to Left stepping Left next to Right, 1/4 turn Left stepping Right next to Left, cross step Left over Right.
- 4-5□ Step Right to Right side, cross step Left over Right.
- 6-7□ Unwind full turn to Right over 2 counts.
- 8□ Step small step forward on Right.

S4: Step, Kick Out Out, Knee In, Out, Touch, Back, Slide Back.

- 1□ Step forward on Left.
- 2&3□ Kick forward Right, step Right to Right side, step Left to Left side. (slightly wider than shoulder width)
- 4-5□ Turn Right knee in so Right side of body drops (Left leg straight out to side), turn Right knee out.
- 6-8□ Slide Left in to touch next to Right, step back on Left, slide Right back (weight even).

S5: 1/2, (3/8 Semi Circular Turn) Cross & Behind, Behind & Step, Step, 1/2, 1/8.

- 1□ With weight even on both feet/heels swivel 1/2 turn to Right taking weight on Right. (3:00)
- 2&3□ Making 1/8 turn to Left cross Left over Right, (1:30) step Right to Right side, 1/8 turn to Left stepping back on Left. (12:00)
- 4&5□ Cross step Right behind Left, make 1/8 turn to Left stepping forward Left, (10:30) step forward Right.
- 6-8□ Step forward on Left, make 1/2 turn to Left stepping back on Right, (4:30) 1/8 turn to Left stepping Left to Left side. (3:00)

S6: Cross, Point & Point, Touch, Side, Drag & Cross, Rock Step, Cross.

- 1-2&□ Cross step Right over Left, point Left to Left side, step Left next to Right.
- 3&4□ Point Right to Right side, touch Right next to Left, step Right to Right side.
- 5&6□ Drag Left toward Right, step Left slightly behind Right, cross step Right over Left.
- &7-8□ Rock to Left side on Left, recover on Right, step Left forward & slightly across Right. **R**

S7: Rock Step & Step, & Pop, Back, Back, 1/4, Cross, 1/4.

- 1-2&□ Rock forward on Right, recover on Left, step Right next to Left.
- 3&4□ Step forward on Left, pop both knees forward lifting heels, lower heels.
- 5-6□ Step back on Left, step back on Right.
- &7-8□ Make 1/4 turn to Left stepping Left to left side, cross step Right over Left, 1/4 turn Left stepping forward Left.

S8: Back, Back, Back, 1/4, Cross, 1/4 Rock Step, Coaster Step.

- 1-2□ Step back on Right, step back on Left.
- &3-4□ Step back on Right, make 1/4 turn to Left stepping Left to left side, cross step Right over Left.
- 5-6□ Make 1/4 turn to Left rocking forward on Left, recover on Right.
- 7&8□ Step back on Left, step Right next to Left, step forward on Left.

****R**□Restart.. Wall 5 & Wall 6**

Dance Up To & Including Count 48 Then Restart Dance From Beginning (Count 1)

End... At End Of Wall 7 You Will Be Facing Left Side Wall.. Swivel 1/4 To Right To Finish.
