

Lost in France

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 4 級數: Improver
編舞者: Karl-Harry Winson (UK) - July 2010
音樂: Lost in France - Bonnie Tyler : (CD: From the Heart-Greatest Hits)



(114 BPM.....16 Count intro.....start on vocals).

Right Jazz box. Right Scissor Step. Cross shuffle.

1 – 2 Cross the right over the left. Step back on the left.
3 – 4 Step the right out to the right side. Cross the left over the right.
5 – 6 Step the right foot to the right side. Close the left foot beside the right.
7&8 Cross step the right foot over the left. Step the left to the left side. Cross right over the left.

½ turn right. Left Shuffle forward. Step Scuffs X2.

1 – 2 Make a ¼ turn right stepping back on the left. Make a ¼ turn right stepping right forward.
3&4 Step forward on the left. Close the right beside the left. Step forward on the left.
5 – 6 Step forward on the right. Scuff left foot beside the right.
7 – 8 Step forward on the left. Scuff right foot beside the left.

Right Jazz box. Right Scissor Step. Cross shuffle.

1 – 2 Cross the right over the left. Step back on the left.
3 – 4 Step the right out to the right side. Cross the left over the right.
5 – 6 Step the right foot to the right side. Close the left foot beside the right.
7&8 Cross step the right foot over the left. Step the left to the left side. Cross right over the left.

¼ turn right. Left Cross shuffle. Weave Right.

1 – 2 Make a ¼ turn right stepping back on the left. Step the right out to the right side.
3&4 Cross the left foot over the right. Step the right foot to the right side. Cross the left over the right.
5 – 6 Step the right foot to the right side. Cross the left foot behind the right.
7 – 8 Step the right to the right side. Cross the left in front of the right.

Side close. Right Shuffle forward. Step touches X2.

1 – 2 Step the right to the right side. Close the left next to the right.
3&4 Step forward on the right. Close the left next to the right. Step forward on the right.
5 – 6 Step the left to the left side. Touch the right beside the left.
7 – 8 Step the right to the right side. Touch the left beside the right.

Side close. Left Shuffle back. Back rock. Full turn left.

1 – 2 Step the left foot to the left side. Close the right beside the left.
3&4 Step back on the left. Close the right beside the left. Step back on the left.
5 – 6 Rock back on the right. Recover weight forward on the left.
7 – 8 Make ½ turn left stepping back on the right. Make a ½ turn left stepping forward on the left.
(This can be replaced with 2 walks forward stepping: Right, Left)

Weave right. Point. Weave left. Point.

1 – 2 Cross the right over the left. Step the left to the left side.
3 – 4 Cross the right behind the left. Point the left out to the left side.
5 – 6 Cross the left over the right. Step the right to the right side.
7 – 8 Cross the left behind the right. Point the right out to the right side.

Cross Point X2

1 – 2 Cross the right over the left. Point left out to the left side.

3 – 4 Cross the left over the right. Point right out to the right side.

Repeat! Enjoy!

Tag – This comes at the end of wall 1. (9.00)

Right Jazz box.

1 – 2 Cross the right over the left. Step back on the left.

3 – 4 Step the right to the right side. Step forward on the left.

Choreographers note / Restarts.

Due to the phrasing of the music, 2 Restarts must be made.

These come on walls 3 (3.00) & 5 (9.00). Dance up to and do “Weave right. Point. Weave left. Point” and restart the dance (leave out the last 4 counts of the dance).

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