

Painted

拍數: 32 牆數: 4 級數: Improver
編舞者: Kristin Unger - July 2010
音樂: Jeans - Outshyne



Step, Touch, & Heel & Touch; Monterey ¼ Turn Right; Left Sailor

1-2 Step Left Foot Forward At An Angle, Touch Right Beside Left
&3&4 Step Right Foot Back Center, Touch Left Heel Forward On Diagonal, Step Left Foot Back Center, Touch Right Beside Left
5-6 Point Right Toe Out To Right Side, Turn ¼ Turn To Right Putting Weight On Right
7&8 Left Behind Right, Right Out To Right, Left Together

4 Skate Steps; Step ½ Turn; Right Shuffle Forward

1-4 Slide Right Foot Forward At An Angle And Place Weight, Repeat Left, Right, Left
5-6 Step Forward On Right, Turn ½ Turn Left(Weight On Left)
7&8 Shuffle Forward Right, Left, Right **

Syncopated Left Vine; 2 Right Kick Ball Changes

1-2 Step Left Out To Left Side, Step Right Behind Left
&3-4 Step Left Out To Left Side, Cross Right Over Left(Weight On Right), Step Left To Left
5&6,7&8 Kick Right Foot Forward At An Angle, Put Weight Back On Ball Of Right And "Change" Weight To Left; Repeat

Sway, Sway; Right Side Shuffle; Rock Step; Left Ball Change

1-2 Step Right To Right Side And Sway Hips Right, Sway Hips Left Placing Weight On Left
3&4 Right Side Shuffle Right Together Right
5-6 With Weight On Right Rock Left Foot Behind Right, Place Weight Back On Right
7&8 Kick Left Foot Forward At An Angle, Put Weight Back On Ball Of Left, "Change" Weight Back To Right

Begin Again!!!!

****Restart On Wall 12, After First 16 Counts.**