

Dance In The Mirror

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sandy Kerrigan (AUS) & Travis Taylor (AUS) - June 2010
音樂: Dancing In The Mirror - Bruno Mars



Side, Cross Rock, Cha Cha Turn, Pivot ¼, Cross, Side, Behind

1-3 Step R to R side, Cross rock R over L, Replace weight on R
4&5 (Chasse ¼ turn) Step L to L side, Step R together, ¼ turn L stepping forward on L
6-7 Step forward on R, ¼ turn L taking weight on L
8&1 Cross R over L, Step L to L side, Step R behind L

Sweep with Hesitation, Behind Side Cross, Closed Ball Change, Side Rock, Behind ¼ Forward

2 Sweep L foot around R (weight on R)
3&4 Step L behind R, Step R to R side, Cross L over R
&5 Step R ball together, Cross L over R
6-7 Rock R to R side, Replace weight on L
8&1 Step R behind L, ¼ turn L stepping forward on L, Step forward on R

Rock Step, Lock Shuffle Back, Rock Back, Open Ball Change-CHA CHA Style

2-3 Rock forward on L, Replace weight on R
4&5 (Back Lock Shuffle) Step back on L, Lock/Cross R over L, Step back on L
6-7 Rock back on R, Replace weight on L
8&1 Step forward on R, Step L ball to L side, replace weight on R

Cross, Side, Sailor Step, Behind, ¼, Lock Shuffle Forward

2-3 Cross L over R, Step R to R side
4&5 L Sailor: Step L behind R, Step R to R side, Step L to L side
6-7 Step R behind L, ¼ turn L stepping forward on L

WALL 3 HERE

8&1 Lock Shuffle Forward: Step forward on R, Lock L behind R, Step forward on R

Rock Forward, Lock Shuffle Back, Swivel Rock Step, Cross Cha Cha Basic with Drag

2-3 Rock forward on L, Replace weight on R
4&5 Lock Shuffle Back: Step back on L, Lock/Cross R over L, Step back on L
6-7 Rock Back R/Slightly face R45, Swivel onto L to face 12:00
8&1 Cross R over L, Step together on L, Step R to R- THIS IS A WIDE STEP WITH L DRAG

Rock Step with Drag, Behind ¼ ½, Forward Hips, Turning Hips

2&3 Rock L Back Behind R, Replace Fwd to R, Step L to L Dragging R
4&5 Cross R behind L, ¼ turn L step forward L, ½ L Step Back on R
6&7 Step forward on L whilst bumping hips L, R, L
8&1 ¼ turn L stepping R to R side whilst bumping hips R, L, R

¼ Tog, ¼ Point, ½ Turn Step, ¼ Point, Step Point (DANCING IN THE MIRROR WITH ATTITUDE), Right Coaster

2-3 ¼ turn L stepping L together, ¼ turn L pointing R to R side (Click fingers/THROW AWAY CLICKS)
4-5 ¼ turn R stepping R together, ¼ turn R pointing L to L side (Click fingers/THROW AWAY CLICKS)

WALL 6 HERE

6-7 ¼ turn L taking weight on L, Point R forward
8&1 Back Coaster Step: Step back on R, Step L together, Step forward on R

Pivot ½, Cross, ¼, ¼ Side, Cross Rock/Replace, Travelling Ball Cross

- 2-3 Step forward on L, ½ turn R taking weight on R
4&5 Step forward on L, ½ turn L stepping back on R, ¼ turn L stepping L to L side
6-7 Cross/Rock R over L, Replace weight on L
8&1 Step R ball together, Cross L over R, Start again stepping R to R side for 1

***On Wall 3, On Count 30, Replace counts 8&1 with a Side Shuffle**

- 8&1 Step R to R side, Step L together, START AGAIN STEPPING R TO R SIDE for 1

****On Wall 6, OMIT the R Point Forward / (Turn to 6:00 wall on L, Tap R together, Side Shuffle 8&1) To Restart the dance again**
