A Littla Bitta Me

拍數: 32

級數: Phrased Beginner

編舞者: Karen Tripp (CAN) - July 2010

音樂: A Little Bitta Me (A Little Bitta You) - Renèe & Renato : (CD: Just One More Kiss)

Starts on lyrics after talking intro, when he says "He's... a... Littla", start on the word "Littla".

Sequence: AAB AAB AAB

PART A

LINDY RIGHT AND LEFT

- 1&2,3-4 Step side on right, close left to right, step side on right, rock back on left, recover on right
- Step side on left, close right to left, step side on left, rock back on right, recover on left 5&6,7-8

VINE RIGHT. CROSS SCUFF. CROSS ROCK. RECOVER. TURN ¼ LEFT. TOUCH

- Step right to side, cross left behind right, step right to side, scuff left over right 9-12
- 13-14 Cross/rock left over right, recover to right
- 15-16 Turn 1/4 left & step on left, touch right beside left

HITCH, BACK, HITCH, BACK, HITCH, POINT, CROSS, TWIST (1/4 RIGHT)

- 17-18 Lift right knee (hitch), step back on right
- 19-20 Lift left knee (hitch), step back on left
- 21-22 Lift right knee (hitch), point right toe to right side
- 23 Cross right toe directly in front of left foot, and not beyond
- With weight on balls of both feet, twist the entire body ¼ right, leaving feet crossed with right 24 in front of left, weight on left

FORWARD LOCK FORWARD, SCUFF, FORWARD LOCK FORWARD, SCUFF

- 25-28 Step forward on right, lock left behind right, step forward on right, scuff with left foot
- 29-32 Step forward on left, lock right behind left, step forward on left, scuff with right foot

REPEAT PART A

PART B

VINE RIGHT & TURN (HITCH), VINE LEFT & TOUCH

- Step side on right, cross left behind right, start a right face turn to face reverse and step on 1-4 right, hitch left knee
- 5-8 Step side on left, cross right behind left, step side on left, touch right next to left

FORWARD LOCK FORWARD, SCUFF, FORWARD LOCK FORWARD, SCUFF

- 9-12 Step forward on right, lock left behind right, step forward on right, scuff with left foot
- 13-16 Step forward on left, lock right behind left, step forward on left, scuff with right foot

STEP BRUSH (& clap) IN A HALF CIRCLE TO FACE FRONT

- 17-20 Step forward on right starting a right face turn, brush with left, continue turning right as you step on left, brush with right. Clap on brush steps.
- Step on right, brush with left, step on left, brush with right. End facing front. Clap on brush 21-24 steps.

REPEAT AAB AAB

Choreographer: Karen Tripp, Cranbrook, BC, Canada Email: karen@trippcentral.ca - Website: www.trippcentral.ca





牆數: 1