

Not So Easy

COPPERKNOB
BY STEPHEN T. HARRIS

拍數: 32 牆數: 2 級數: High Intermediate
編舞者: Winson Eng (MY) - July 2010
音樂: Mei Na Me Jian Dan - Huang Xiao Hu



Lunge Fwd , Recover With Kick R Fwd , R Triple Full Turn R , L Fwd Rock , Recover , L Behind Side Cross Facing R Diagonal

- 1-2 Start with R foot . Press R fwd and body slightly lean fwd , recover weight on L as kicking R fwd (12.00)
3&4 Turn ½ R stepping R fwd , turn another ½ turn R stepping L back , step R in place (12.00)
5-6 Fwd rock L , recover weight on R (12.00)
7&8 Cross L behind R , step R to R , (turn to R diagonal) step L fwd slightly cross L over R (1.00)

R Pivot ½ Turn L , L Pivot ½ Turn R , R Pivot ½ Turn L , Full Turn L , R Step Fwd

- 1&2 Step R fwd , turn ½ L , step R fwd (7.00)
3&4 Step L fwd , turn ½ R , step L fwd again (1.00)
5-6 Step R fwd and make another ½ L (7.00)
7&8 Turn ½ L stepping R back , turn ½ L again stepping L fwd , step R fwd (7.00)

L Fwd Rock , Recover , L Sailor ¼ Turn L , Sway Hip , R Sailor ½ Turn R

- 1-2 L fwd rock slightly cross L over R foot , recover weight on R (7.00)
3&4 Turn ¼ L crossing L behind R , step R in place , step L to L (5.00)
5-6 Sway to R as roll hips to R , sway to L as roll hips to L (5.00)
7&8 Turn ½ R crossing R behind L , step L in place , step R to R (11.00)

L Point And Cross , R Point And Cross , L Back , R Ball Fwd , Sweep 4/8 L

- 1-2 Point L to L , cross L over R (11.00)
3-4 Point R to R , cross R over L (11.00)
5 Step back with L (11.00)
6& Step R beside L , step L fwd slightly cross L over R (11.00)
7-8 Sweep R from back to front and turn 4/8 L for 2 counts (6.00)

Tag : At The End Of 4th Wall , do

- 1-8 Walk a circle turning L / walk full turn L starting with R foot and end with L foot which step L to L for 8 counts
1-4 Sway hips R L R L

Tag : On The 8th Wall / After Wall 7

- 1-2 Press R fwd and body slightly lean fwd , recover weight on L as kicking R fwd
3&4 Turn ½ R stepping R fwd , turn another ½ turn R stepping L back , step R in place
5-6 Sway hips to L R
7-8 Cross L over R , make a full turn R