

New Fwend

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Dom Yates (UK) & Matt Sampson (UK) - July 2010
音樂: Dancing On My Own - Robyn



Intro: 16 Counts from Start of Music

Step, Rock Coaster, Step Pivot ½, Right Shuffle

1-3 Step forward on right, rock forward on left, recover onto right
4&5 Step back on left, step right next to left, step forward on left
6,7 Step forward on right, pivot ½ turn left
8&1 Step forward on right, slide left up to right, step forward on right

Step Pivot ¼, Cross Shuffle, ¼ Back, Touch Back, Pivot ½

2,3 Step forward on left, pivot ¼ turn right
4&5 Cross left over right, step right to side, cross left over right
6 Make ¼ turn left stepping back on right
7,8 Touch left toe back, pivot ½ turn left

Kick, Step Back, Touch Ball Heel, Ball Pivot ½, ¼, Weave

1,2 Kick right foot forward, step back on right
3&4 Touch left next to right, step left in place, dig right heel forward
&5,6 Step right in place, step forward on left, pivot ½ turn to right
7,8&1 Make ¼ turn right stepping left to side, cross right behind left, step left to side, cross right over left

Hold, Ball Cross, Side, Touch Ball Cross, ¼ Back, Side

2&3,4 Hold, step left to side, cross right over left, step left to side
5&6 Touch right next to left, step right in place, cross left over right
7,8 Make ¼ turn left stepping back on right, step left to side

Wall 5 RESTART Here

Cross Point x2, Syncopated Jazz Box ¼, Brush

1,2 Cross right over left, point left to side
3,4 Cross left over right, point right to side
5,6 Cross right over left, make ¼ turn right stepping back on left
&7,8 Step right to side, cross left over right, brush right foot forward

Lunge, Recover, Sailor Sweep, Cross Point, Sailor ¼ Right

1,2 Lunge right out to right diagonal, recover onto left
3&4 Cross right behind left, step left in place, sweep right from back to front
5,6 Cross right over left, point left to side
7&8 Cross left behind right, make ¼ turn right stepping onto right, step forward on left

Wall 3 RESTART Here

Step Pivot ½, Shuffle ½, Touch Back, Pivot ½, Touch Ball Hitch

1,2 Step forward on right, pivot ½ turn left
3&4 Make ¼ turn left stepping right to side, slide left to right, make ¼ turn left stepping back on right
5,6 Touch left toe back, pivot ½ turn left
7&8 Touch right in place, step right in place, hitch left

Out Out, Touch Ball Rock, Full Turn, Touch

1,2 Step out left, right
3&4 Touch left in place, step left in place, rock forward on right
5,6 Recover onto left, make ½ turn right stepping forward on right
7,8 Make ½ turn right stepping back on left, touch right in place

Start Again

RESTARTS: Wall 3 after 48 counts, wall 5 after 32 counts

TAG: At the END of walls 1 & 6 ADD the following tag

Walk Walk, Out Out Step, Step Pivot ½, Left Shuffle

1,2 Walk forward right, left
&3,4 Step out right, left, step forward on right
5,6 Step forward on left, pivot ½ turn right
7&8 Step forward on left, slide right up to left, step forward on left

Walk Walk, Out Out Step, Step Pivot ½, Left Shuffle

1,2 Walk forward right, left
&3,4 Step out right, left, step forward on right
5,6 Step forward on left, pivot ½ turn right
7&8 Step forward on left, slide right up to left, step forward on left
