

# Kisus Tawak (Twist Your Hips)

**COPPER KNOB**  
BY STEPHEN

拍數: 48                      牆數: 2                      級數: Beginner  
編舞者: Agnes Sipula Vun - July 2010  
音樂: Kisus Tawak - Francis Landong



Start on vocal.

## HEEL TWISTS

- 1-4                      With right foot in front, twist both heels RLR/center
- 5-8                      With left foot in front, twist both heels LRL/center

## SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

- 1-2                      Touch right toes to right side, step right heel down
- 3-4                      Touch left toes over right, step left heel down
- 5-6                      Rock right to right side, recover onto left
- 7&8                      Cross cha cha on RLR

## SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

- 1-2                      Touch left toes to left side, step left heel down
- 3-4                      Touch right toes over left, step right heel down
- 5-6                      Rock left to left side, recover onto right
- 7&8                      Cross cha cha on LRL

## BACK TOE STRUTS X 4

- 1-2                      Touch right toes back, step right heel down
- 3-4                      Touch left toes back, step left heel down
- 5-6                      Touch right toes back, step right heel down
- 7-8                      Touch left toes back, step left heel down

## HEEL SWITCHES, MONTEREY 1/2 TURN RIGHT

- 1-2                      Touch right heel forward, step right together
- 3-4                      Touch left heel forward, step left together
- 5-6                      Point right to right side, turning 1/2 right step right together
- 7-8                      Point left to left side, step left together

## HEEL SWITCHES X 4

- 1-2                      Touch right heel forward, step right together
- 3-4                      Touch left heel forward, step left together
- 5-6                      Touch right heel forward, step right together
- 7-8                      Touch left heel forward, step left together

Restart during wall 4 ( facing 6.00 ) after 24 counts.

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