

Kisus Tawak (Twist Your Hips)

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Beginner
編舞者: Agnes Sipula Vun - July 2010
音樂: Kisus Tawak - Francis Landong



Start on vocal.

HEEL TWISTS

- 1-4 With right foot in front, twist both heels RLR/center
- 5-8 With left foot in front, twist both heels LRL/center

SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

- 1-2 Touch right toes to right side, step right heel down
- 3-4 Touch left toes over right, step left heel down
- 5-6 Rock right to right side, recover onto left
- 7&8 Cross cha cha on RLR

SIDE TOE STRUT, CROSS TOE STRUT, SIDE-ROCK, CROSS CHA CHA

- 1-2 Touch left toes to left side, step left heel down
- 3-4 Touch right toes over left, step right heel down
- 5-6 Rock left to left side, recover onto right
- 7&8 Cross cha cha on LRL

BACK TOE STRUTS X 4

- 1-2 Touch right toes back, step right heel down
- 3-4 Touch left toes back, step left heel down
- 5-6 Touch right toes back, step right heel down
- 7-8 Touch left toes back, step left heel down

HEEL SWITCHES, MONTEREY 1/2 TURN RIGHT

- 1-2 Touch right heel forward, step right together
- 3-4 Touch left heel forward, step left together
- 5-6 Point right to right side, turning 1/2 right step right together
- 7-8 Point left to left side, step left together

HEEL SWITCHES X 4

- 1-2 Touch right heel forward, step right together
- 3-4 Touch left heel forward, step left together
- 5-6 Touch right heel forward, step right together
- 7-8 Touch left heel forward, step left together

Restart during wall 4 (facing 6.00) after 24 counts.

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