

OB Cha Cha

拍數: 72 牆數: 3 級數: Phrased Easy Intermediate
編舞者: CH Lim-Naidu - July 2010
音樂: OB Cha Cha (Instrumental-Best of Cha Cha Music)



Sequence of Dance: AAB AAB Tag AAB AA

Start after 16 counts

Part A

HEEL, JAZZ BOX, HEEL, CROSS STEP

1 – 2 Tap R heel diagonally R, rock R over L
3 – 4 Recover on L, R step R
5 – 6 Tap L heel diagonally L, step L over R
7 – 8 R step R, step L over R

HEEL, JAZZ BOX WITH ½ TURN, HEEL< JAZZ BOX WITH ½ TURN

1 – 2 Tap R heel diagonally R, rock R over L
3 – 4 Recover on L, turn ½ R step R forward
5 – 6 Tap L heel diagonally L, rock L over R
7 – 8 Recover On R, turn ½ L step L forward

HEEL, HITCH, SIDE CHASSE< ¼ L MONTEREY TURN

1 – 2 Tap R heel diagonally R, hitch R
3&4 Chasse R: R,L,R
5 – 6 L point L, ¼ L turn step L together R
7 – 8 R point R, R together L

HEEL, BEHIND, SIDE, OVER; HEEL, BEHIND, SIDE, OVER

1 – 2 Tap L heel diagonally L, step L behind R
3 – 4 R step R, step L over R
5 – 6 Tap R heel diagonally R, step R behind L
7 – 8 L step L, step R over L

HEEL, TAP, SHUFFLE FWD, HEEL, TAP, BACK, TOGETHER

1 – 2 Tap L heel diagonally, touch L across R
3&4 Shuffle forward: L,R,L
5 – 6 Tap R heel diagonally R, tap R by L
7 – 8 R step back, L together R

Part B

CROSS ROCK, ¼ R TURN CHASSE R.FORWARD ROCK, ½ L TURN SHUFFLE FWD

1 – 2 Rock R over L, recover on L
3&4 Turn ¼ R chasse R: R,L,R
5 – 6 Rock L forward, recover on R
7&8 Turn ½ L shuffle forward: L,R,L

FWD, TAP, FWD, TAP, FWD SHUFFLE, ROCK FORWARD & RECOVER TURNING ½R

1 – 2 R step fwd, tap L slightly in front of R
3 – 4 L step fwd, tap R slightly in front of L
5&6 Shuffle forward: R,L,R
7 – 8 L step forward, rock back on R turning ½ R

FWD, PIVOT ¼ R, OVER, POINT, BEHIND, POINT, BEHIND, POINT

- 1 – 2 L step forward, recover on R turning ¼ R
- 3 – 4 Step L over R, R point R
- 5 – 6 R step behind L, L point L
- 7 – 8 L step behind R, R point R

SHUFFLE FWD, FWD, PIVOT ½ R, SHUFFLE FWD, FWD, PIVOT ½ L

- 1&2 Shuffle forward: R,L,R
- 3 – 4 L step forward, pivot ½ R
- 5&6 Shuffle forward: L.R.L
- 7 – 8 R step forward, pivot ½ L

TAG: Sway hips for 4 counts

End: At the last A(sequence of dance), in section 5 at counts

- 7 – 8 unwind ½ L

Hint: You will always start part B when facing 6.00
