

Smarter Women

COPPER **NOB**
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Louise Elfvengren (NOR) - July 2010
音樂: Man Smart, Woman Smarter - Dr. Victor & The Rasta Rebels : (CD: Greater Hits 2010)



Intro: 32 counts

SECTION 1

VINE RIGHT, TOUCH. VINE LEFT WITH ¼ TURN LEFT

1-4 Step right to right side, step left behind right, step right to right side, touch left beside right.
5-8 Step left to left side, step right behind left turn ¼ left stepping down on left, touch right beside left.

SECTION 2

LOCK STEP FW RIGHT AND LEFT WITH TOUCH

1-4 Step right forward a little diagonal, lock left behind right, step forward on right, touch left beside right.
5-8 Step left forward a little diagonal, lock right behind left, step forward on left, touch right beside left.

SECTION 3

ROCK FW, REC. TOE STRUT BW, ROCK BW, REC. TOE STRUT FW

1-4 Rock right forward, recover onto left. Step right back on the ball, drop right heel.
5-8 Rock left back, recover onto right. Step left forward on the ball, drop left heel.

TAG: OUT-OUT-IN-IN

1-4 Step right out - step left out - step right in – step left in

WALLS: 5, 8, 11

SECTION 4

HEELS, POINT RIGHT OUT TO RIGHT SIDE, STEP DOWN, POINT LEFT OUT TO LEFT SIDE, STEP DOWN

1-4 Put right heel forward, step down beside left, put left heel forward, step down beside right.
5-8 Point toes to right side, step right beside left. Point toes to left side, step left beside right.