

Go Guetta

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Paul McAdam (UK) - July 2010
音樂: Commander (feat. David Guetta) - Kelly Rowland



Count in: Start 32 Counts into track

(1-8) SIDE, JAZZ BOX, ¼ SIDE BEHIND X2

- 1-4 Step left foot to left side, cross right foot over left, step back on left foot, make a ¼ turn right and step forward on right foot
- 5-8 Step left foot to left side, cross right foot behind left, step left foot to left side, cross right foot behind left

(9-16) SIDE ROCK, CROSS SHUFFLE, ½ TURN RIGHT SHUFFLE

- 1,2 Rock left foot to left side, recover on right
- 3&4 Left cross shuffle
- 5,6 Make a ¼ turn left and step back on right foot, make a ¼ turn left and step left foot to left side
- 7&8 Right shuffle forward

(17-24) PRESS-SLIDE, ½ TURN, TOGETHER, TWIST ½ TURN, SIDE, BEHIND-SIDE-CROSS

- 1,2 Press ball of left foot slightly forward of right foot, push left heel down as you slide right toe back (weight stays on left)
- 3,4 Pivot a ½ turn right (keeping weight on left foot and leave right toe pointing forward), bring right foot next to left (take weight back on both heels)
- 5,6 Swivel a ½ turn right (weight ends up on right foot), step left foot to left side
- 7&8 Cross right foot behind left, step left foot to left side, cross right foot over left

(25-32) HIP BUMPS, ROLLING VINE, TOUCH

- 1,2 Step left foot to left side and bump left hip twice
- 3,4 Bump right hip to right side, bump left hip to left side
- 5,6 Make a ¼ turn right and step right foot forward, make a ½ turn right and step left foot back
- 7,8 Make a ¼ turn right and step right foot to right side, touch left toe next to right

START AGAIN AND ENJOY!
