

# Cha Cha Your Body

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Rob Fowler (ES) & Debbie Ellis (ES) - July 2010  
音樂: Your Body - Tom Novy & Michael Marshall : (CD: Pump It Up, Cardio Workout)



## Side, Rock Step, Cha Cha Forward, Rock Step, ¼ turn Side Chasse

1-3      Step Left To Left Side, Rock back on Right, Recover forward onto Left  
4&5      Step forward Right, Step Left behind Right, Step forward Right  
6,7      Rock forward Left, Recover back on Right  
8&1      Make ¼ turn Left step left to Left side, Step Right Next to Left, Step Left to Left Side

## Cross ½ turn Right, Cha Cha Side Rock Touch, Chasse Left

2,3      Cross Right Over Left, Step Left To Left Side  
45&      Make ½ Turn Right Stepping Right To Right Side, Step Left Next To Right, Step Right Next To Left  
6&7      Rock Left to Left side, Recover to right, Touch Left Next to Right  
8&1      Step Left to Left Side, Step Right Next To Left, Step Left to Left Side

## Rock Step, Side Chasse ¼ Turn, Step ½ Pivot Turn Right, ¼ Turn Right Side Chasse Left

2,3      Rock Right Over Left, Recover Back on Left  
4&5      Step Right to Right Side, Step Left Next To Right, Make ¼ turn Right Step on Right  
6,7      Step Forward Left, Make ½ Turn Right  
8&1      Make ¼ Turn Right stepping Left to Left Side, Step Right next to Left, Step left to Left Side

## Rock Recover, ½ Hinge Turn, Hip Bumps (Booty Shake)

2,3      Rock Back Right, Recover Forward on Left,  
4,5      Step Forward Right, Make ½ turn Left stepping Left To Left Side  
6-8      Bump Hips Right, Bump Hips Left, Bump hips Right(Alternatively Booty Shake Anti Clockwise for 3 counts)

**End Of Dance**