Workin' On Me



編舞者: Lenore Flintoft - May 2010

音樂: Keep Workin' On Me - Johnny Reid: (Album: Dance With Me)



32 count intro, one tag after 6th wall

SUGAR FOOT RIGHT, SHUFFLE IN PLACE, SUGAR FOOT LEFT, SHUFFLE IN PLACE

1-2 Point right toe to inside of left foot, put right heel out to front,

3&4 Shuffle forward right, left, right

5-6 Point left toe to inside of right foot, put left heel out to front,

7&8 Shuffle forward left, right, left

ROCK BACK, SHUFFLE, ROCK FORWARD, SHUFFLE

9-10 Rock back on right, recover on left
11&12 Shuffle in place right, left, right
13-14 Rock forward on left, recover on right

15&16 Shuffle in place left, right, left

WALK FORWARD X 3, WALK BACK X 2, COASTER

17-20 Walk forward right, left, right, kick left foot forward,

21-22 Walk back left, right

Step left back, step right next to left, step forward on left

FORWARD AND BACK ROCKS, JAZZ BOX 1/4 TURN RIGHT

25-28 Rock right forward, recover on left, rock right back, recover on left

29-32 Step right in front of left, step back on left making ¼ turn right, step on right, step left beside

right

TAG: After 6th wall, dance the first 24 steps, then restart dance.