

Workin' On Me

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lenore Flintoft - May 2010
音樂: Keep Workin' On Me - Johnny Reid : (Album: Dance With Me)



32 count intro, one tag after 6th wall

SUGAR FOOT RIGHT ,SHUFFLE IN PLACE, SUGAR FOOT LEFT, SHUFFLE IN PLACE

1-2 Point right toe to inside of left foot, put right heel out to front,
3&4 Shuffle forward right, left, right
5-6 Point left toe to inside of right foot, put left heel out to front,
7&8 Shuffle forward left, right, left

ROCK BACK, SHUFFLE , ROCK FORWARD, SHUFFLE

9-10 Rock back on right, recover on left
11&12 Shuffle in place right, left, right
13-14 Rock forward on left, recover on right
15&16 Shuffle in place left, right, left

WALK FORWARD X 3, WALK BACK X 2, COASTER

17-20 Walk forward right, left, right, kick left foot forward,
21-22 Walk back left, right
23&24 Step left back, step right next to left, step forward on left

FORWARD AND BACK ROCKS, JAZZ BOX ¼ TURN RIGHT

25-28 Rock right forward, recover on left, rock right back, recover on left
29-32 Step right in front of left, step back on left making ¼ turn right, step on right, step left beside right

TAG: After 6th wall, dance the first 24 steps, then restart dance.
