

Raksmor

拍數: 32 牆數: 4 級數: Improver
編舞者: Louise Elfvengren (NOR) - July 2010
音樂: Tzi El a Halon (Raksmor) - Dr. Victor & The Rasta Rebels : (CD: New Flame)



Intro: 32 counts

SECTION 1

SIDE TOG, ROCK & CROSS, SIDE TOG. ROCK & CROSS

- 1-2 Step right to right side, step left beside right.
3&4 Rock right to right side, recover onto left, cross right in front of left.
5-6 Step left to left side, step right beside left.
7&8 Rock left to left side, recover onto right, cross left in front of right.

SECTION 2

ROCK FW, REC, ½ TURN RIGHT SHUFFLE, ROCK FW, REC. ¾ TURN LEFT SHUFFLE

- 1-2 Rock right forward, recover onto left.
3&4 Turn ¼ right stepping down on right, step left beside right, turn ¼ right stepping down on right. (6 o clock)
5-6 Rock left forward, recover onto right.
7&8 Turn 1/4 left stepping down on left, step right beside left turning ¼ left, turn ¼ left stepping down on left. (9 o clock)

SECTION 3

ROCK FW, REC. COASTER STEP, ROCK FW. REC. COASTER STEP

- 1-2 Rock right forward, recover onto left
3&4 Step right back, step left next to right, step right forward.
5-6 Rock left forward, recover onto right.
7&8 Step left back, step right next to left, step left forward.

SECTION 4

½ STEP TURN LEFT, FULL TURN, ½ STEP TURN LEFT, WALK FW X 2

- 1-2 Step right forward, turn ½ left stepping left forward. (3 o clock)
3-4 Turn ½ left stepping back on right, turn ½ left stepping left forward.

OPTION count 3-4: Walk small steps fw right-left

- 5-6 Step right forward, turn ½ left stepping left forward. (9 o clock)
7-8 Walk forward right-left