Take Me To The Dance Floor

級數: Intermediate

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音樂: Teach Me to Dance - Michael Cook : (Album: The Sun Shines At Midnight)

8 Count intro.

Step left fwd, sweep right over left, step left back, rock back on right, recover on left, step right to side, tap left beside right

1 step fwd on left.

拍數: 48

- 2-3 sweep right over left
- 4 step back on left
- 5-6 rock back on right, recover on left,
- 7-8 step right to right side, tap left beside right,

Rocking chair, lock steps fwd and hold.

- 1-2 rock fwd on left, recover on right,
- 3-4 rock back on left, recover on right,
- 5-6 step fwd on left, lock step right behind left,
- 7-8 step fwd on left and hold,

Step fwd on right, 1/2 turn left, step fwd on right and hold, step fwd on left and hold, step fwd right and left.

- 1-2 s tep fwd on right, pivot 1/2 turn left,
- 3-4 s tep fwd on right and hold,
- 5-6 s tep fwd on left and hold,
- 7-8 s tep fwd on right, step fwd on left

Cross right over left, point left to side, cross left over right, point right to side, step fwd on right, pivot 1/4 turn left, back rock on left.

- 1-2 cross right over left, point left toe to left side,
- 3-4 cross left over right, point right toe to right side,
- 5-6 step fwd on right, pivot 1/4 turn left on both feet,
- 7-8 rock back on left, recover on right,

Shuffle fwd, step and hold, x2,

- 1&2 shuffle fwd stepping, left, right, left,
- 3-4 step fwd on right and hold,
- 5&6 shuffle fwd, stepping left, right, left,
- 7-8 step fwd on right and hold,

Step fwd on left, paddle turn 1/4 right x2,rock fwd on left, recover on right, sway left and right.

- 1-2 step fwd on left, pivot 1/4 turn right
- 3-4 step fwd on left, pivot 1/4 turn right
- 5-6 rock fwd on left, recover on right,
- 7-8 sway left, sway right, (weight on right).





牆數: 4