

Boomerang

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK) - July 2010
音樂: Just Like a Boomerang - Andrés Esteche



Start dance 32 counts in on vocals.

Note: The sheet may look a bit daunting but the dance is pretty easy, honest!

(1) Rock Back Replace Triple 1/2 L. Rock Back Replace Shuffle 1/4 Turn R.

1-2,3&4 Rock back on R, replace weight to L, triple 1/2 turn L stepping R,L,R
5-6,7&8 Rock back on L, replace weight to R, make 1/4 turn R and chasse L to L side (9)

(Harder option for counts 7&8: 1-1/4 turn. Make 1/2 turn R stepping back on L, make further 1/2 turn R stepping fwd on R, make further 1/4 turn R stepping L to L side

(2) Cross Side Cross Side Step. Rocking Chair. "High & Low"

1-2,3&4 Cross R over L, small step L to L side, cross R over L, small step L to L side, step fwd on R
5-8 Rock fwd on L, replace weight to R, rock back on L, replace weight to R (9)

Option: In parts of the music they will sing "High & Low" on the rocking chair. Swing your arms up on the rock fwd & swing them back down on the rock back!

(3) Step Ball Change X2. Pivot 1/2 Full Turn

1&2,3&4 Step fwd L, rock out to R side on ball of R, replace weight to L, step fwd on R, rock out to L side on ball of L, replace weight to R
5-8 Step fwd L, pivot 1/2 R, make full turn R travelling fwd stepping L,R. (Option: 2 walks fwd) (3)

(4) Rock Fwd Replace Shuffle Back. Step Back Hold & Rock Fwd Replace

1-2,3&4 Rock fwd on L, replace weight to R, shuffle back on L.
5&6,7&8 Step back on R and bring L heel up bending L knee slightly, hold, bring L next to R, rock fwd on R, replace weight back to L. (3)

TAG: Wall 6. Repeat counts 5-6&7-8

*(5) Back Back Coaster, Ball Step, Side Rock, Replace 1/4. Shuffle

1-2,3&4 Walk back R,L, R coaster step
&5,6,7,8&1 Small step fwd on ball of L, step fwd on R, rock L to L side, replace weight to R making 1/4 turn R, shuffle fwd L. (6)

Option: In parts of the music they will sing "clap your hands & stomp your feet".

On counts &5, the ball step, clap hands x2.

On counts &1, the last 2 steps of your shuffle, stomp!

*(6) Rock Fwd Replace Coaster Step. Rock Fwd Replace Step Back

2-3,4&5 Rock fwd on R, replace weight back to L, R coaster step.
6-8 Rock fwd on L, replace weight back to R, step back on L. (6)

* For the FIRST 3 walls of the dance do the full 48 counts. Then just do the first 32, sections 1-4, for the rest of the track.

TAG: On the END of wall 6 repeat 5-6&7-8 of section 4.

ENDING: You will be facing the 9 o'clock wall. There is 1 beat of music left. Touch R toe back and make 1/4 turn R to face front wall. Done!

