

Left Broken

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Jon Peppin (AUS) - March 2007
音樂: You've Left Me So Broken - The Borderers : (CD: A Time For Change)



Start Position: Feet together - with weight on R foot.

Starts on vocals – 18 counts in

STEP BACK, ROCK FORWARD, TURN 180°, STEP BACK, ROCK FORWARD, TURN 180°

1,2,3 Step/rock R back, rock/replace weight forward onto L, turning 180 degrees L – step R back, (6:00 wall)

4,5,6 Step/rock L back, rock/replace weight forward onto R, turning 180 degrees R – step L back, (12:00 wall)

TOUCH BEHIND, UNWIND 180°, LEFT, ROCK, CROSS

1,2,3 Touch R behind L, slow turn/unwind 180 degrees R – for 2 counts –weight on R, (6:00 wall)

4,5,6 Step L to L side, rock/replace weight onto R, step L across in front of R,

SIDE, BEHIND, TURN 90° R, STEP FORWARD, ROCK BACK, TURN 180° L

1,2,3 Step R to R side, step L behind R, turning 90 degrees R – step R forward, (9:00 wall)

4,5,6 Step L forward, rock/replace weight back on R, turning 180 degrees L – step L forward, (3:00 wall)

FULL TURN L, WALTZ FORWARD COASTER STEP

1,2,3 Moving forward - turning a further 360 degrees (full turn) L – stepping R, L, R, (3:00 wall)

4,5,6 L forward waltz coaster step – step L forward, step R beside L, step L back,

TOUCH BEHIND, FULL 360° UNWIND R, TOUCH BEHIND, 270° UNWIND R

1,2,3 Touch R behind L, slow turn/unwind 360 degrees (full turn) R – for 2 counts –weight on L, (3:00 wall)

4,5,6 Touch R behind L, slow turn/unwind 270 (¾ turn) degrees R – for 2 counts –weight on R, (12:00 wall)

MOVING FORWARD – L SIDE, ROCK R, CROSS L, R SIDE, ROCK L, CROSS R

1,2,3 Moving forward - step L to L side, rock/replace weight onto R, step L across in front of R,

4,5,6 Moving forward - step R to R side, rock/replace weight onto L, step R across in front of L,

SIDE, TOGETHER, FORWARD, STEP FORWARD, SLOW PIVOT

1,2,3 Step L to L side, step R beside L, step L forward,

4,5,6 Step R forward, slow turning pivot – turn 180 degrees L (2 counts) – placing weight onto L, (6:00 wall)

R FULL TURN, L FORWARD COASTER STEP

1,2,3 Moving forward - turning 360 degrees (full turn) R – stepping R, L, R, (6:00 wall)

4,5,6 L forward waltz coaster step – step L forward, step R beside L, step L back.

Repeat Dance In New Direction

As taught by the Travelling Cowboy. (Ph.0413.714725).

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