

First Hello

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karen Tripp (CAN) - July 2010
音樂: The First Hello The Last Goodbye - Roger Whittaker : (Album: Roger Whittaker, Now & Then, 1964-2004 - 3:00)



Sequence: A, Tag, A, Tag, A, A, Tag, A, Tag (1-4), A, A (1-16)

16-count wait

PART A

SIDE CLOSE, RIGHT SIDE SHUFFLE; CROSS, RECOVER, LEFT SHUFFLE

1-2-3&4 Step right to right side, close left next to right; step side on right, close left to right, step side on right
5-6-7&8 Cross left over right, recover onto right; step side on left, close right to left, step side on left

ROCK BACK, RECOVER, FORWARD LOCKING SHUFFLE; ROCK FORWARD, RECOVER, BACK LOCKING SHUFFLE

9-10 Rock back on right, recover forward on left
11&12 Step forward right, lock left behind right, step forward on right
13-14 Rock forward on left, recover back on right
15&16 Step back on left, lock right in front of left, step back on left

ROCK BACK, RECOVER, FORWARD POINT, FORWARD POINT, FORWARD POINT

17-18 Step back on right, recover forward on left
19-20 Step forward on right, point left toe to left side
21-22 Step forward on left, point right toe to right side
23-24 Step forward on right, point left toe to left side

BACK 2, SYNCOPATED BACK COASTER, ROCKING CHAIR

25-26 Step back on left, step back on right
27&28 Step back on left, close right to left, step forward on left
29-32 Rock forward on right, recover back on left, rock back on right, recover forward on left

TAG

MONTEREY TURN RIGHT 1/4, ONE SIDE CLOSE

1-4 Point right foot to right side, return right foot as you turn ¼ to the right and step, point side with the left, step left next to right
5-6 Step side on right, close left next to right

ENDING

The music will slow down slightly on steps 5-10. Continue to dance at the regular tempo and on step 11 (start of the shuffle) you should be on the word "bye".

Dance routine to step 16, and end dance with a back step for step 17, and point left toe forward.

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