

No In - Between

拍數: 32 牆數: 4 級數: Easy Intermediate +
編舞者: Pam Cassells (AUS) - August 2007
音樂: The More I Drink - Blake Shelton : (CD: Pure BS)



Start Position: Feet together - with weight on L foot.

Starts on vocals – 32 counts in

R TURNING SAILOR, L TURNING SAILOR, R TURNING SAILOR. L TURNING SAILOR

- 1&2 90 degree R turning sailor step – step R behind L, turning 90 degrees R – step L to L side, rock/replace weight onto R, (3:00 wall)
3&4 90 degree L turning sailor step – step L behind R, turning 90 degrees L – step R to R side, rock/replace weight onto L, (12:00 wall)
5&6 90 degree R turning sailor step – step R behind L, turning 90 degrees R – step L to L side, rock/replace weight onto R, (3:00 wall)
7&8 90 degree L turning sailor step – step L behind R, turning 90 degrees L – step R to R side, rock/replace weight onto L, (12:00 wall)

R CROSS SAMBA, L CROSS SAMBA, R SAILOR STEP, L SAILOR STEP

- 1&2 R cross samba – step R across in front of L, step L to L side, rock/replace weight onto R,
3&4 L cross samba – step L across in front of R, step R to R side, rock/replace weight onto L,
5&6 R Sailor Step – step R behind L, step L to L side, rock/replace weight onto R,
7&8 L Sailor Step – step L behind R, step R to R side, rock/replace weight onto L,

R SAMBA, L SAMBA, SIDE, BEHIND AND CROSS, TOUCH

- 1&2 Step R to R side, rock/replace weight onto L, step R across in front of L,
3&4 Step L to L side, rock/replace weight onto R, step L across in front of R,
5, Step R to R side,
6&7 Step L behind R, step R to R side, step L across in front of R,
8 Touch R toe to R side,

CROSS, SIDE, BEHIND AND TOUCH, 90 DEGREE MONTEREY

- 1 Step R across in front of L,
2&3 Step L to L side, step R behind L, step L to L side,
4 Touch R beside L,
5,6,7,8 90 degree R turn Monterey – touch R to R side, turning 90 degrees R on L – step R beside L, touch L to L side, step L beside R. (3:00 wall)

32

REPEAT DANCE IN NEW DIRECTION

Finish: To finish dance to count 32 then add another 90 degree turn R – Monterey which will then finish facing the front.

- 1,2,3,4 90 degree R turn Monterey – touch R to R side, turning 90 degrees R on L – step R beside L, touch L to L side, step L beside R.

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