

# No In - Between

拍數: 32      牆數: 4      級數: Easy Intermediate +  
編舞者: Pam Cassells (AUS) - August 2007  
音樂: The More I Drink - Blake Shelton : (CD: Pure BS)



**Start Position: Feet together - with weight on L foot.**

**Starts on vocals – 32 counts in**

## **R TURNING SAILOR, L TURNING SAILOR, R TURNING SAILOR. L TURNING SAILOR**

- 1&2      90 degree R turning sailor step – step R behind L, turning 90 degrees R – step L to L side, rock/replace weight onto R, (3:00 wall)  
3&4      90 degree L turning sailor step – step L behind R, turning 90 degrees L – step R to R side, rock/replace weight onto L, (12:00 wall)  
5&6      90 degree R turning sailor step – step R behind L, turning 90 degrees R – step L to L side, rock/replace weight onto R, (3:00 wall)  
7&8      90 degree L turning sailor step – step L behind R, turning 90 degrees L – step R to R side, rock/replace weight onto L, (12:00 wall)

## **R CROSS SAMBA, L CROSS SAMBA, R SAILOR STEP, L SAILOR STEP**

- 1&2      R cross samba – step R across in front of L, step L to L side, rock/replace weight onto R,  
3&4      L cross samba – step L across in front of R, step R to R side, rock/replace weight onto L,  
5&6      R Sailor Step – step R behind L, step L to L side, rock/replace weight onto R,  
7&8      L Sailor Step – step L behind R, step R to R side, rock/replace weight onto L,

## **R SAMBA, L SAMBA, SIDE, BEHIND AND CROSS, TOUCH**

- 1&2      Step R to R side, rock/replace weight onto L, step R across in front of L,  
3&4      Step L to L side, rock/replace weight onto R, step L across in front of R,  
5,      Step R to R side,  
6&7      Step L behind R, step R to R side, step L across in front of R,  
8      Touch R toe to R side,

## **CROSS, SIDE, BEHIND AND TOUCH, 90 DEGREE MONTEREY**

- 1      Step R across in front of L,  
2&3      Step L to L side, step R behind L, step L to L side,  
4      Touch R beside L,  
5,6,7,8      90 degree R turn Monterey – touch R to R side, turning 90 degrees R on L – step R beside L, touch L to L side, step L beside R. (3:00 wall)

32

## **REPEAT DANCE IN NEW DIRECTION**

**Finish: To finish dance to count 32 then add another 90 degree turn R – Monterey which will then finish facing the front.**

- 1,2,3,4      90 degree R turn Monterey – touch R to R side, turning 90 degrees R on L – step R beside L, touch L to L side, step L beside R.

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