

One Of A Kind

COPPER KNOB
BY SHEETS

拍數: 40 牆數: 2 級數: Easy Intermediate
編舞者: Jon Peppin (AUS) - January 2010
音樂: Fast Talking Cowboy - Lance Friend : (CD Single forthcoming Album in July 2010)



Start Position: Feet together - with weight on L foot.

Starts on vocals – counts: 16 in

STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF.

1,2,3,4 Step R forward, lock L behind R, step R forward, scuff L forward,
5,6,7,8 Step L forward, lock R behind L, step L forward, scuff R forward,

FORWARD, BACK, BACK, HOLD, WALK BACK L, R, L, HOLD.

1,2,3,4 Forward mambo - step/rock R forward, rock/replace weight back on L, step R back, hold,
5,6,7,8 Walk backwards L, R, L, hold,

BACK, TOGETHER, FORWARD, HOLD, PADDLE TURN CROSS, HOLD.

1,2,3,4 Backward coaster step - step R back, step L beside R, step R forward, hold,
5,6,7,8 Step L forward, pivot 90 degrees R - weight on R, step/cross L over R, hold,

SIDE, BEHIND, TURN, FORWARD, STEP, PIVOT 180°, STEP, PIVOT 180°.

1,2,3,4 Step R to R side, step L behind R, turning 90 degrees R step R forward, step L forward,
1,2,3,4* * Step R forward, pivot 180 degrees L, step R forward pivot 180 degrees L - weight on L,

FORWARD, TOGETHER, BACK, HOLD, BACK, TOGETHER, FORWARD, HOLD.

1,2,3,4 Forward coaster - step R forward, step L beside R, step R back, hold,
5,6,7,8 Backward coaster step - step L back, step R beside L, step L forward, hold.

REPEAT DANCE IN NEW DIRECTION

Restart ** During wall 4 - dance the first 32 counts and restart the dance from the beginning.

As taught by the Travelling Cowboy. (Ph.0413.714725).

Email: travellingcowboy@dodo.com.au