

Jom Poco Poco

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased Intermediate Poco Poco
編舞者: GS Ang (MY) - July 2010
音樂: Poco Poco (Edit) - Yopie Latul



Sequence of dance: AAAA/BBBB/AA/BBBB/AA
Start after 32 counts on vocal.

SECTION A

WALK FORWARD RLR, HITCH , FORWARD, TAP, BACK, HEEL

1-2 Walk forward on right, walk forward on left
3-4 Walk forward on right, hitch left
5-6 Step left forward, tap right behind left heel
7-8 Step right back, touch left heel forward

WALK BACKWARD LRL, HITCH , FORWARD, TAP, BACK, TOUCH

1-2 Walk backward on left, walk backward on right
3-4 Walk backward on left, hitch right
5-6 Step right forward, tap left behind right heel
7-8 Step left back, touch right together

SIDE, TOGETHER, SIDE, TOUCH, OUT, OUT, IN, FLICK

1-2 Step right to right side, step left together
3-4 Step right to right side, touch left beside right
5-6 Step left out to left diagonal, step right out to right diagonal
7-8 Step left in to center, flick right back

OUT, OUT, IN, FLICK, SIDE, TOGETHER, TURN 1/4 LEFT, TOUCH

1-2 Step right out to right diagonal, step left out to left diagonal
3-4 Step right in to center, flick left back
5-6 Step left to left side, step right together
7-8 Turning 1/4 left step left forward, touch right together

SECTION B

SIDE, TOGETHER, SIDE, TOUCH, HIP BUMPS LLRR

1-2 Step right to right side, step left together
3-4 Step right to right side, touch left together
5-6 Stepping left forward to left diagonal bump hips left twice
7-8 Bump hips right twice

SIDE, TOGETHER, SIDE, TOUCH, HIP BUMPS RRLL

1-2 Step left to left side, step right together
3-4 Step left to left side, touch right together
5-6 Stepping right forward to right diagonal bump hips right twice
7-8 Bump hips left twice

FORWARD, TOUCH, FORWARD, TOUCH, KICK, KICK, BACK, TOUCH

1-2 Step right forward to right diagonal, touch left together
3-4 Step left forward to left diagonal, touch right together
5-6 Kick right over left twice
7-8 Step right back, touch left together

BACK, TOUCH, BACK, TOUCH, KICK, KICK, 1/4 TURN LEFT, TOUCH

- 1-2 Step left back diagonally, touch right together
- 3-4 Step right back diagonally, touch left together
- 5-6 Kick left over right twice
- 7-8 Turning 1/4 left step left forward, touch right together

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