

The Lonely Goatherd

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Intermediate Phrased Polka
編舞者: Karen Tripp (CAN) - July 2010
音樂: The Lonely Goatherd - Julie Andrews



Sequence: INTRO, AB AC AD A(1-16) CBA A(1-16) CC

16 count wait, weight on left, right foot free

INTRO

2 SIDE TOUCHES

1-4 Step side on Right, touch Left next to right, step side on Left, touch Right next to left

PART A

DIAGONAL FORWARD SHUFFLE TWICE, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

1&2 Angling a little to the right, step forward on Right, close Left together, forward on Right

3&4 Angling a little to the left, step forward on Left, close Right together, forward on Left

5&6& Step side to the Right, close Left next to right, continue to the right by taking another side step Right, step Left next to right

7 Step side to the Right

&8 Stomp Left, stomp Right

DIAGONAL FORWARD SHUFFLE TWICE, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

9-16 Repeat 1-8 with opposite footwork, starting on Left

SIDE, ROCK BEHIND, RECOVER (BALANCE) RIGHT & LEFT, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

17&18 Step side to the Right, step Left slightly behind, recover on Right

19&20 Step side to the Left, step Right slightly behind, recover on Left

21&22& Step side to the Right, close Left next to right, continue to the right by taking another side step Right, step Left next to right

23 Step side to the Right

&24 Stomp Left, stomp Right

SIDE, ROCK BEHIND, RECOVER (BALANCE) LEFT & RIGHT, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

25-32 Repeat steps 17-24 with opposite footwork, starting on Left

PART B

CIRCLE WALK 2, SHUFFLE, CIRCLE WALK 2, SHUFFLE

1-2 Beginning a right turn, walk two steps, Right then Left

3&4 Continuing a right face turn, Forward on Right, close Left to right, forward on Right, creating a loop. At this point you are facing approximately reverse.

5-6 Continuing toward the right, walk two steps, Left then Right

7&8 Step Left, Right, Left, to end facing front

POINT, POINT, SAILOR SHUFFLE, POINT, POINT, SAILOR SHUFFLE

9-10 Point Right forward, sweep and point to the Right

11&12 Step Right behind left, step Left in place, step Right beside Left

13-16 Repeat steps 9-12 with opposite footwork, starting with Left

ROLLING VINE RIGHT & TOUCH, ROLLING VINE LEFT & TOUCH

17-20 Starting a right face turn step side on the Right, continuing turn, step side on Left, continue turn to end facing front, step on Right, and touch with Left

21-24 Starting a left face turn step side on the Left, continuing turn, step side on Right, continue turn to end facing front, step on Left, and touch with Right

Option: Omit the rolling action and do a regular grapevine stepping side, behind, side & touch (right then left)

4 QUICK BACK STRUTS

- 25-26 Stepping back, step on ball of Right foot, drop heel of Right foot
- 27-28 Stepping back, step on ball of Left foot, drop heel of Left foot
- 29-30 Stepping back, step on ball of Right foot, drop heel of Right foot
- 31-32 Stepping back, step on ball of Left foot, drop heel of Left foot

REPEAT PART A

PART C

WALK 2, FORWARD COASTER, BACK 2, BACK COASTER

- 1-2 Walk forward Right, then Left
- 3&4 Step forward on Right, close Left next to right, step back on Right
- 5-6 Step back on Left, then Right
- 7&8 Step back on Left, close Right next to left, step forward on Left

TWO SIDE TOUCHES

- 9-12 Step side on Right, touch Left next to right, step side on Left, touch Right next to left

CIRCLE WALK 4

- 13-16 Do a complete right face turn in 4 steps, Right, Left, Right Left to face front again

REPEAT PART A

PART D

ROLLING VINE RIGHT, TOUCH, ROLLING VINE LEFT, TOUCH, STEP TOUCH 4X

- 1-4 Starting a right face turn step side on the Right, continuing turn, step side on Left, continue turn to end facing front, step on Right, and touch with Left
- 5-8 Starting a left face turn step side on the Left, continuing turn, step side on Right, continue turn to end facing front, step on Left, and touch with Right
- 9-12 Step side on Right, touch Left next to Right, step side on Left, touch Right next to Left
- 13-16 Step side on Right, touch Left next to Right, step side on Left, touch Right next to Left

PART A Modified (Steps 1-16 of Part A)

DIAGONAL FORWARD SHUFFLE TWICE, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

DIAGONAL FORWARD SHUFFLE TWICE, 2 SIDE SCOOTs, SIDE STEP, 2 STOMPS

REPEAT PART C

REPEAT PART B

REPEAT PART A

REPEAT PART A Modified

REPEAT PART C

REPEAT PART C

*** End with a stomp on the very last note**

**Note: A single-page cue sheet with "head cues" only is available.
Contact the choreographer.**

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