

# Fifteen Minutes

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 1      級數: Beginner Plus  
編舞者: Karen Tripp (CAN) - June 2010  
音樂: 15 Minutes - Rodney Atkins



Start on the word "Smokin", which is 38 seconds into the song

## **FORWARD TOUCH, BACK TOUCH, SIDE TOGETHER, ¼ RIGHT WITH BRUSH**

1-2            Step forward on R, touch L next to R  
3-4            Step back on L, touch R next to L  
5-6            Step R to R side, step L next to R  
7-8            ¼ turn R stepping forward on R, brush L foot forward

## **LEFT FORWARD LOCK FORWARD W/ BRUSH, STEP KICK TWICE**

1-2            Step forward on L, lock R behind L  
3-4            Step forward on L, brush R forward  
5-6            Step R to R side, kick L over R  
7-8            Step L to L side, kick R over L

## **JAZZ BOX W/ RIGHT, JAZZ BOX W/ L TURNING ¼ LEFT**

1-2            Cross R over L, step back on L  
3-4            Step R to R side, kick L over R  
5-6            Cross L over R, step back on R  
7-8            Step back on L turning ¼ L, kick R

## **STEP TOUCH, SIDE SHUFFLE, ROCK RECOVER, KICK BALL CHANGE**

1-2            Step R to R side, touch L beside R  
3&4            Step L to L side, close R beside L, step L to L side  
5-6            Rock back on R, recover on L  
7&8            Kick forward with right, recover on ball of right foot, step on L

Can substitute kick ball change for 2 evenly timed forward walk steps.

## **REPEAT**

**Choreographer Contact Information:**  
Karen Tripp, Cranbrook, British Columbia  
Email: karen@trippcentral.ca